

AD 2010 REGION 1 CHAMPIONSHIPS - 2/12/2010 to 2/15/2010**Session Report**

Session: 1 Friday Timed Finals (1000s)

Day of Meet: 1 Starts at 06:45 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 1000 Freestyle	44	6u	06:45 PM _____
Finals	2 Boys 1000 Freestyle	24	3u	07:54 PM _____
	Swimmer Count for Warm-ups: 68	=====	=====	
	Entry / Heat Totals:	68	9	
	Finish Time			08:26 PM _____

Session: 2 Saturday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	3 Girls 200 IM	57	8u	09:00 AM _____
Prelims	4 Boys 200 IM	33	5u	09:21 AM _____
Prelims	5 Girls 500 Freestyle	52	7u	09:34 AM _____
Prelims	6 Boys 500 Freestyle	28	4u	10:13 AM _____
Prelims	7 Girls 100 Breaststroke	50	7u	10:35 AM _____
Prelims	8 Boys 100 Breaststroke	18	3u	10:46 AM _____
Prelims	9 Girls 200 Backstroke	50	7u	10:50 AM _____
Prelims	10 Boys 200 Backstroke	26	4u	11:10 AM _____
Prelims	11 Girls 50 Freestyle	75	10u	11:21 AM _____
Prelims	12 Boys 50 Freestyle	26	4u	11:28 AM _____
	Break: 10 Minutes			
Finals-S	13 Girls 800 Freestyle Relay	8	1u	11:41 AM _____
Finals-S	14 Boys 800 Freestyle Relay	0	0	11:50 AM _____
	Swimmer Count for Warm-ups: 174	=====	=====	
	Entry / Heat Totals:	423	60	
	Finish Time			11:50 AM _____

AD 2010 REGION 1 CHAMPIONSHIPS - 2/12/2010 to 2/15/2010**Session Report**

Session: 3 Saturday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Girls 200 IM	24	3u	05:00 PM	_____
Finals	4 Boys 200 IM	24	3u	05:09 PM	_____
Finals	5 Girls 500 Freestyle	24	3u	05:16 PM	_____
Finals	6 Boys 500 Freestyle	24	3u	05:33 PM	_____
Finals	7 Girls 100 Breaststroke	24	3u	05:50 PM	_____
Finals	8 Boys 100 Breaststroke	18	3u	05:55 PM	_____
Finals	9 Girls 200 Backstroke	24	3u	06:00 PM	_____
Finals	10 Boys 200 Backstroke	24	3u	06:08 PM	_____
Finals	11 Girls 50 Freestyle	24	3u	06:17 PM	_____
Finals	12 Boys 50 Freestyle	24	3u	06:20 PM	_____
Finals-1	13 Girls 800 Freestyle Relay	8	1u	06:22 PM	_____
Finals-1	14 Boys 800 Freestyle Relay	4	1u	06:31 PM	_____
	Swimmer Count for Warm-ups: 129	=====	=====		
	Entry / Heat Totals:	246	32		
	Finish Time			06:39 PM	_____

Session: 4 Sunday Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	15 Girls 100 Backstroke	61	8u	09:00 AM	_____
Prelims	16 Boys 100 Backstroke	52	7u	09:14 AM	_____
Prelims	17 Girls 200 Freestyle	72	9u	09:25 AM	_____
Prelims	18 Boys 200 Freestyle	52	7u	09:46 AM	_____
Prelims	19 Girls 100 Butterfly	52	7u	10:01 AM	_____
Prelims	20 Boys 100 Butterfly	36	5u	10:11 AM	_____
Prelims	21 Girls 400 IM	68	9u	10:17 AM	_____
Prelims	22 Boys 400 IM	50	7u	11:04 AM	_____
	Break: 10 Minutes				
Finals-S	23 Girls 400 Medley Relay	10	2u	11:48 AM	_____
Finals-S	24 Boys 400 Medley Relay	4	1u	11:57 AM	_____
	Swimmer Count for Warm-ups: 197	=====	=====		
	Entry / Heat Totals:	457	62		
	Finish Time			12:02 PM	_____

AD 2010 REGION 1 CHAMPIONSHIPS - 2/12/2010 to 2/15/2010**Session Report**

Session: 5 Sunday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	15 Girls 100 Backstroke	24	3u	05:00 PM _____
Finals	16 Boys 100 Backstroke	24	3u	05:06 PM _____
Finals	17 Girls 200 Freestyle	24	3u	05:11 PM _____
Finals	18 Boys 200 Freestyle	24	3u	05:18 PM _____
Finals	19 Girls 100 Butterfly	24	3u	05:25 PM _____
Finals	20 Boys 100 Butterfly	24	3u	05:29 PM _____
Finals	21 Girls 400 IM	24	3u	05:34 PM _____
Finals	22 Boys 400 IM	24	3u	05:49 PM _____
Finals-1	23 Girls 400 Medley Relay	8	1u	06:04 PM _____
Finals-1	24 Boys 400 Medley Relay	8	1u	06:09 PM _____
	Swimmer Count for Warm-ups: 115	=====	=====	
	Entry / Heat Totals:	208	26	
	Finish Time			06:13 PM _____

Session: 6 Monday Prelims

Day of Meet: 4 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	25 Girls 100 Freestyle	87	11u	08:00 AM _____
Prelims	26 Boys 100 Freestyle	64	8u	08:14 AM _____
Prelims	27 Girls 200 Breaststroke	56	7u	08:24 AM _____
Prelims	28 Boys 200 Breaststroke	34	5u	08:44 AM _____
Prelims	29 Girls 200 Butterfly	43	6u	08:58 AM _____
Prelims	30 Boys 200 Butterfly	43	6u	09:14 AM _____
	Break: 10 Minutes			
Finals-S	31 Girls 400 Freestyle Relay	9	2u	09:39 AM _____
Finals-S	32 Boys 400 Freestyle Relay	5	1u	09:47 AM _____
	Swimmer Count for Warm-ups: 191	=====	=====	
	Entry / Heat Totals:	341	46	
	Finish Time			09:51 AM _____

Session: 7 Monday Timed Finals (1650s)

Day of Meet: 4 Starts at 10:15 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	33 Girls 1650 Freestyle	30	4u	10:15 AM _____
Finals	34 Boys 1650 Freestyle	28	4u	11:31 AM _____
	Swimmer Count for Warm-ups: 58	=====	=====	
	Entry / Heat Totals:	58	8	
	Finish Time			12:42 PM _____

AD 2010 REGION 1 CHAMPIONSHIPS - 2/12/2010 to 2/15/2010**Session Report**

Session: 8 Monday Finals

Day of Meet: 4 Starts at 05:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	25 Girls 100 Freestyle	24	3u	05:30 PM _____
Finals	26 Boys 100 Freestyle	24	3u	05:35 PM _____
Finals	27 Girls 200 Breaststroke	24	3u	05:39 PM _____
Finals	28 Boys 200 Breaststroke	24	3u	05:48 PM _____
Finals	29 Girls 200 Butterfly	24	3u	05:56 PM _____
Finals	30 Boys 200 Butterfly	24	3u	06:04 PM _____
Finals-1	31 Girls 400 Freestyle Relay	8	1u	06:12 PM _____
Finals-1	32 Boys 400 Freestyle Relay	8	1u	06:16 PM _____
	Swimmer Count for Warm-ups: 113	=====	=====	
	Entry / Heat Totals:	160	20	
	Finish Time			06:20 PM _____