

## Adirondack Swimming

### Individual Meet Entries Report

**AD Gold Short Course Championships 19-Mar-10 to 21-Mar-10 Yards**

**Location: Robison Pool, RPI, Troy, NY**

**Schenectady Swim Club [SCHE-AD] Coach: Jerome Adams**

<b>FEMALE</b>
---------------

#### Brooke Adams (15)

# 3	Female 200 IM	2:27.58Y
# 7	Female 50 Free	28.19Y
# 45	Female 100 Fly	1:07.05Y
# 49	Female 200 Back	2:26.23Y
# 97	Female 200 Free	2:09.72Y
# 101	Female 200 Fly	2:34.37Y

#### Victoria Allen (15)

# 7	Female 50 Free	26.94Y
# 11	Female 100 Back	1:07.81Y
# 49	Female 200 Back	2:29.12Y
# 53	Female 100 Free	1:00.82Y

#### Abigail Bacon (9)

# 27	Female 9-10 50 Free	38.28Y
# 75	Female 9-10 100 IM	1:38.00Y
# 81	Female 9-10 50 Breast	52.32Y
# 87	Female 9-10 50 Fly	49.15Y
# 117	Female 9-10 100 Free	1:25.70Y
# 123	Female 9-10 50 Back	47.53Y

#### Miranda Bacon (11)

# 25	Female 11-12 100 IM	1:16.72Y
# 29	Female 11-12 200 Breast	3:02.81Y
# 33	Female 11-12 100 Back	1:17.87Y
# 73	Female 11-12 50 Back	36.04Y
# 85	Female 11-12 50 Breast	39.03Y
# 115	Female 11-12 200 IM	2:42.49Y
# 121	Female 11-12 100 Free	1:06.83Y
# 133	Female 11-12 100 Breast	1:23.59Y

#### Kelsey Barbour (17)

# 7	Female 50 Free	25.36Y
# 45	Female 100 Fly	1:01.07Y
# 57	Female 200 Breast	2:19.33Y
# 97	Female 200 Free	1:58.88Y
# 105	Female 100 Breast	1:04.35Y

#### Emily Barno (10)

# 27	Female 9-10 50 Free	30.25Y
# 31	Female 9-10 100 Back	1:24.30Y
# 41	Female 9-10 500 Free	7:27.77Y
# 75	Female 9-10 100 IM	1:21.54Y
# 81	Female 9-10 50 Breast	43.53Y
# 87	Female 9-10 50 Fly	35.56Y
# 117	Female 9-10 100 Free	1:12.16Y
# 129	Female 9-10 100 Breast	1:34.29Y
# 135	Female 9-10 100 Fly	1:26.83Y

#### Katherine Barno (14)

# 5	Female 13-14 50 Free	27.47Y
# 9	Female 13-14 100 Back	1:07.34Y
# 17	Female 13-14 500 Free	5:41.05Y
# 43	Female 13-14 100 Fly	1:05.56Y
# 47	Female 13-14 200 Back	2:24.42Y
# 51	Female 13-14 100 Free	59.35Y

# 95	Female 13-14 200 Free	2:09.80Y
------	-----------------------	----------

# 99	Female 13-14 200 Fly	2:25.79Y
------	----------------------	----------

# 111	Female 13-14 1650 Free	19:50.77Y
-------	------------------------	-----------

#### Amy Bopp (15)

# 3	Female 200 IM	2:10.24Y
-----	---------------	----------

# 19	Female 500 Free	5:11.06Y
------	-----------------	----------

# 45	Female 100 Fly	57.59Y
------	----------------	--------

# 49	Female 200 Back	2:17.26Y
------	-----------------	----------

# 57	Female 200 Breast	2:20.72Y
------	-------------------	----------

# 97	Female 200 Free	1:57.35Y
------	-----------------	----------

# 105	Female 100 Breast	1:04.63Y
-------	-------------------	----------

#### Briana Borgolini (18)

# 3	Female 200 IM	2:22.20Y
-----	---------------	----------

# 7	Female 50 Free	26.83Y
-----	----------------	--------

# 45	Female 100 Fly	1:04.90Y
------	----------------	----------

# 57	Female 200 Breast	2:23.47Y
------	-------------------	----------

# 105	Female 100 Breast	1:07.74Y
-------	-------------------	----------

#### Sabrina Brook (11)

# 21	Female 11-12 50 Free	28.77Y
------	----------------------	--------

# 25	Female 11-12 100 IM	1:14.88Y
------	---------------------	----------

# 33	Female 11-12 100 Back	1:17.89Y
------	-----------------------	----------

# 67	Female 11-12 100 Fly	1:13.19Y
------	----------------------	----------

# 73	Female 11-12 50 Back	35.38Y
------	----------------------	--------

# 79	Female 11-12 200 Free	2:20.84Y
------	-----------------------	----------

# 121	Female 11-12 100 Free	1:03.36Y
-------	-----------------------	----------

# 127	Female 11-12 50 Fly	32.50Y
-------	---------------------	--------

# 137	Female 11-12 200 Fly	2:51.47Y
-------	----------------------	----------

#### Christy Brown (14)

# 1	Female 13-14 200 IM	2:24.57Y
-----	---------------------	----------

# 5	Female 13-14 50 Free	26.36Y
-----	----------------------	--------

# 9	Female 13-14 100 Back	1:08.34Y
-----	-----------------------	----------

# 43	Female 13-14 100 Fly	1:06.46Y
------	----------------------	----------

# 47	Female 13-14 200 Back	2:26.96Y
------	-----------------------	----------

# 51	Female 13-14 100 Free	59.15Y
------	-----------------------	--------

# 95	Female 13-14 200 Free	2:10.21Y
------	-----------------------	----------

# 99	Female 13-14 200 Fly	2:31.35Y
------	----------------------	----------

# 103	Female 13-14 100 Breast	1:20.30Y
-------	-------------------------	----------

#### Kelly Buyaskas (14)

# 1	Female 13-14 200 IM	2:27.03Y
-----	---------------------	----------

# 5	Female 13-14 50 Free	27.46Y
-----	----------------------	--------

# 9	Female 13-14 100 Back	1:11.52Y
-----	-----------------------	----------

# 43	Female 13-14 100 Fly	1:08.79Y
------	----------------------	----------

# 51	Female 13-14 100 Free	1:02.51Y
------	-----------------------	----------

# 55	Female 13-14 200 Breast	2:42.47Y
------	-------------------------	----------

# 103	Female 13-14 100 Breast	1:12.02Y
-------	-------------------------	----------

#### Allison Caron (12)

# 29	Female 11-12 200 Breast	2:53.08Y
------	-------------------------	----------

# 33	Female 11-12 100 Back	1:07.87Y
------	-----------------------	----------

# 39	Female 11-12 500 Free	6:01.11Y
------	-----------------------	----------

# 73	Female 11-12 50 Back	32.30Y
------	----------------------	--------

# 85	Female 11-12 50 Breast	37.00Y
------	------------------------	--------

## Adirondack Swimming

## Individual Meet Entries Report

AD Gold Short Course Championships 19-Mar-10 to 21-Mar-10 Yards  
Schenectady Swim Club [SCHE-AD] Coach: Jerome Adams

## FEMALE

# 89	Female 11-12 200 Back	2:24.23Y	# 105	Female 100 Breast	1:11.81Y
# 115	Female 11-12 200 IM	2:26.81Y	<b>Elaina Elliott (10)</b>		
# 121	Female 11-12 100 Free	1:02.26Y	# 23	Female 9-10 200 IM	2:57.40Y
# 133	Female 11-12 100 Breast	1:18.34Y	# 27	Female 9-10 50 Free	35.58Y
<b>Gabrielle Celia (12)</b>			# 31	Female 9-10 100 Back	1:20.05Y
# 21	Female 11-12 50 Free	31.78Y	# 75	Female 9-10 100 IM	1:24.69Y
# 29	Female 11-12 200 Breast	3:04.65Y	# 81	Female 9-10 50 Breast	47.29Y
# 85	Female 11-12 50 Breast	37.14Y	# 87	Female 9-10 50 Fly	39.30Y
# 133	Female 11-12 100 Breast	1:26.43Y	# 117	Female 9-10 100 Free	1:18.04Y
<b>Mary Conway (8)</b>			# 123	Female 9-10 50 Back	37.65Y
# 77	Female 8 & Under 50 Back	47.80Y	# 129	Female 9-10 100 Breast	1:39.70Y
# 83	Female 8 & Under 50 Fly	56.18Y	<b>Angela Ferlo (14)</b>		
# 131	Female 8 & Under 50 Breast	58.05Y	# 1	Female 13-14 200 IM	2:31.16Y
<b>Hannah Cowley (13)</b>			# 5	Female 13-14 50 Free	28.52Y
# 1	Female 13-14 200 IM	2:30.91Y	# 9	Female 13-14 100 Back	1:10.01Y
# 5	Female 13-14 50 Free	28.67Y	# 43	Female 13-14 100 Fly	1:11.55Y
# 9	Female 13-14 100 Back	1:12.88Y	# 47	Female 13-14 200 Back	2:31.71Y
# 47	Female 13-14 200 Back	2:29.85Y	# 51	Female 13-14 100 Free	1:02.44Y
# 51	Female 13-14 100 Free	1:02.95Y	# 95	Female 13-14 200 Free	2:15.31Y
# 55	Female 13-14 200 Breast	2:49.33Y	<b>Haley Francois (8)</b>		
# 95	Female 13-14 200 Free	2:13.73Y	# 71	Female 8 & Under 100 Free	1:37.49Y
# 103	Female 13-14 100 Breast	1:16.64Y	# 77	Female 8 & Under 50 Back	49.41Y
<b>Sabrina Daoui (13)</b>			# 83	Female 8 & Under 50 Fly	52.20Y
# 55	Female 13-14 200 Breast	2:57.20Y	# 119	Female 8 & Under 100 IM	1:44.65Y
# 103	Female 13-14 100 Breast	1:21.82Y	# 125	Female 8 & Under 50 Free	42.55Y
<b>Sarah Daoui (10)</b>			# 131	Female 8 & Under 50 Breast	57.66Y
# 31	Female 9-10 100 Back	1:34.78Y	<b>Mackenzie Gaze (13)</b>		
# 75	Female 9-10 100 IM	1:32.64Y	# 1	Female 13-14 200 IM	2:25.95Y
# 81	Female 9-10 50 Breast	41.53Y	# 5	Female 13-14 50 Free	26.04Y
# 123	Female 9-10 50 Back	42.49Y	# 43	Female 13-14 100 Fly	1:06.59Y
# 129	Female 9-10 100 Breast	1:35.66Y	# 51	Female 13-14 100 Free	57.90Y
<b>Katharine Dartt (16)</b>			# 103	Female 13-14 100 Breast	1:17.76Y
# 105	Female 100 Breast	1:21.53Y	<b>Margaret Gregory (12)</b>		
<b>Suzanne Davis (10)</b>			# 33	Female 11-12 100 Back	1:19.54Y
# 23	Female 9-10 200 IM	3:06.57Y	# 79	Female 11-12 200 Free	2:25.45Y
# 27	Female 9-10 50 Free	35.14Y	# 121	Female 11-12 100 Free	1:07.76Y
# 31	Female 9-10 100 Back	1:25.27Y	<b>Karly Haraden (13)</b>		
# 75	Female 9-10 100 IM	1:29.70Y	# 1	Female 13-14 200 IM	2:22.60Y
# 81	Female 9-10 50 Breast	47.59Y	# 9	Female 13-14 100 Back	1:07.82Y
# 87	Female 9-10 50 Fly	38.74Y	# 17	Female 13-14 500 Free	5:31.71Y
# 117	Female 9-10 100 Free	1:18.22Y	# 43	Female 13-14 100 Fly	1:10.84Y
# 123	Female 9-10 50 Back	39.02Y	# 47	Female 13-14 200 Back	2:21.55Y
# 135	Female 9-10 100 Fly	1:35.00Y	# 63	Female 13-14 400 IM	4:59.35Y
<b>Alyssa DiFabio (18)</b>			# 95	Female 13-14 200 Free	2:09.42Y
# 19	Female 500 Free	5:21.90Y	# 103	Female 13-14 100 Breast	1:21.59Y
# 57	Female 200 Breast	2:33.73Y	# 111	Female 13-14 1650 Free	19:33.21Y
# 113	Female 1650 Free	18:03.51Y	<b>Kelsey Hayner (13)</b>		
<b>Courtney Duchesne (18)</b>			# 47	Female 13-14 200 Back	2:39.94Y
# 3	Female 200 IM	2:21.40Y	# 105	Female 100 Breast	1:22.52Y
# 7	Female 50 Free	27.60Y	<b>Emily Hoskinson (18)</b>		
# 57	Female 200 Breast	2:34.96Y	# 11	Female 100 Back	1:02.18Y
# 65	Female 400 IM	5:08.50Y	# 19	Female 500 Free	5:29.05Y

## Adirondack Swimming

## Individual Meet Entries Report

AD Gold Short Course Championships 19-Mar-10 to 21-Mar-10 Yards  
Schenectady Swim Club [SCHE-AD] Coach: Jerome Adams

## FEMALE

# 49	Female 200 Back	2:12.87Y	# 25	Female 11-12 100 IM	1:12.98Y
# 53	Female 100 Free	59.21Y	# 33	Female 11-12 100 Back	1:15.39Y
# 97	Female 200 Free	2:05.97Y	# 67	Female 11-12 100 Fly	1:16.02Y
<b>Jordan Jensen (8)</b>					
# 77	Female 8 & Under 50 Back	51.47Y	# 79	Female 11-12 200 Free	2:23.36Y
<b>Margaret Jordan (15)</b>					
# 7	Female 50 Free	23.93Y	# 89	Female 11-12 200 Back	2:39.49Y
# 19	Female 500 Free	5:15.79Y	# 115	Female 11-12 200 IM	2:38.62Y
# 45	Female 100 Fly	55.95Y	# 121	Female 11-12 100 Free	1:03.65Y
# 53	Female 100 Free	53.08Y	# 133	Female 11-12 100 Breast	1:24.39Y
# 97	Female 200 Free	1:58.51Y	<b>Lauren Livingston (9)</b>		
# 101	Female 200 Fly	2:19.04Y	# 129	Female 9-10 100 Breast	1:46.02Y
<b>Noelle Kolakowski (12)</b>					
# 21	Female 11-12 50 Free	28.53Y	<b>Madison Livingston (12)</b>		
# 25	Female 11-12 100 IM	1:11.92Y	# 21	Female 11-12 50 Free	29.70Y
# 33	Female 11-12 100 Back	1:12.05Y	# 25	Female 11-12 100 IM	1:14.52Y
# 73	Female 11-12 50 Back	33.27Y	# 29	Female 11-12 200 Breast	2:56.26Y
# 79	Female 11-12 200 Free	2:16.36Y	# 67	Female 11-12 100 Fly	1:13.62Y
# 89	Female 11-12 200 Back	2:34.95Y	# 85	Female 11-12 50 Breast	38.50Y
# 115	Female 11-12 200 IM	2:36.56Y	# 89	Female 11-12 200 Back	2:42.90Y
# 121	Female 11-12 100 Free	1:02.21Y	# 127	Female 11-12 50 Fly	32.66Y
# 127	Female 11-12 50 Fly	32.95Y	# 133	Female 11-12 100 Breast	1:24.18Y
<b>Deborah Korzun (18)</b>					
# 7	Female 50 Free	26.02Y	# 137	Female 11-12 200 Fly	2:42.13Y
# 11	Female 100 Back	1:06.57Y	<b>Kelly Ludeke (16)</b>		
# 19	Female 500 Free	5:24.58Y	# 7	Female 50 Free	26.39Y
# 49	Female 200 Back	2:21.07Y	# 19	Female 500 Free	5:27.83Y
# 53	Female 100 Free	56.49Y	# 49	Female 200 Back	2:32.08Y
# 97	Female 200 Free	2:04.27Y	# 53	Female 100 Free	57.76Y
# 113	Female 1650 Free	19:00.83Y	# 57	Female 200 Breast	2:41.43Y
<b>Cara LaPorta (10)</b>					
# 27	Female 9-10 50 Free	34.83Y	# 97	Female 200 Free	2:04.12Y
# 31	Female 9-10 100 Back	1:28.31Y	# 105	Female 100 Breast	1:11.98Y
# 75	Female 9-10 100 IM	1:29.47Y	<b>Laura Manor (18)</b>		
# 87	Female 9-10 50 Fly	40.14Y	# 3	Female 200 IM	2:09.63Y
# 117	Female 9-10 100 Free	1:18.24Y	# 11	Female 100 Back	1:02.57Y
# 123	Female 9-10 50 Back	42.18Y	# 45	Female 100 Fly	59.27Y
# 135	Female 9-10 100 Fly	1:37.76Y	# 49	Female 200 Back	2:15.51Y
<b>Katherine LaPorta (12)</b>					
# 85	Female 11-12 50 Breast	40.98Y	# 65	Female 400 IM	4:33.69Y
<b>Sydney LaQue (12)</b>					
# 21	Female 11-12 50 Free	28.62Y	# 101	Female 200 Fly	2:13.04Y
# 29	Female 11-12 200 Breast	2:58.79Y	<b>Gabriella Marchetti (14)</b>		
# 39	Female 11-12 500 Free	6:00.15Y	# 1	Female 13-14 200 IM	2:29.93Y
# 79	Female 11-12 200 Free	2:16.73Y	# 5	Female 13-14 50 Free	28.49Y
# 85	Female 11-12 50 Breast	38.05Y	# 17	Female 13-14 500 Free	5:44.83Y
# 89	Female 11-12 200 Back	2:40.20Y	# 47	Female 13-14 200 Back	2:29.91Y
# 115	Female 11-12 200 IM	2:36.02Y	# 51	Female 13-14 100 Free	1:03.34Y
# 121	Female 11-12 100 Free	1:03.76Y	# 55	Female 13-14 200 Breast	2:53.42Y
# 133	Female 11-12 100 Breast	1:21.46Y	# 95	Female 13-14 200 Free	2:14.11Y
<b>Erin Leva (12)</b>					
# 21	Female 11-12 50 Free	29.20Y	# 99	Female 13-14 200 Fly	2:35.72Y
			# 103	Female 13-14 100 Breast	1:19.80Y
			<b>Emma McGee (10)</b>		
			# 23	Female 9-10 200 IM	2:54.32Y
			# 31	Female 9-10 100 Back	1:25.11Y
			# 41	Female 9-10 500 Free	7:18.59Y
			# 69	Female 9-10 200 Free	2:51.62Y
			# 75	Female 9-10 100 IM	1:22.62Y
			# 81	Female 9-10 50 Breast	45.28Y

## Adirondack Swimming

## Individual Meet Entries Report

AD Gold Short Course Championships 19-Mar-10 to 21-Mar-10 Yards  
Schenectady Swim Club [SCHE-AD] Coach: Jerome Adams

## FEMALE

# 123	Female 9-10 50 Back	38.52Y	# 79	Female 11-12 200 Free	2:22.37Y
# 129	Female 9-10 100 Breast	1:37.75Y	# 89	Female 11-12 200 Back	2:39.67Y
# 135	Female 9-10 100 Fly	1:35.02Y	# 121	Female 11-12 100 Free	1:06.90Y
<b>Abigail Messier (13)</b>			# 127	Female 11-12 50 Fly	34.81Y
# 5	Female 13-14 50 Free	30.83Y	<b>Natalie Morse (10)</b>		
# 9	Female 13-14 100 Back	1:16.48Y	# 23	Female 9-10 200 IM	3:05.47Y
# 43	Female 13-14 100 Fly	1:19.55Y	# 31	Female 9-10 100 Back	1:28.35Y
# 47	Female 13-14 200 Back	2:46.75Y	# 41	Female 9-10 500 Free	7:17.55Y
# 103	Female 13-14 100 Breast	1:29.87Y	# 75	Female 9-10 100 IM	1:26.02Y
<b>Jacqueline Misener (9)</b>			# 81	Female 9-10 50 Breast	44.95Y
# 23	Female 9-10 200 IM	3:08.95Y	# 87	Female 9-10 50 Fly	38.73Y
# 27	Female 9-10 50 Free	36.18Y	# 123	Female 9-10 50 Back	41.90Y
# 31	Female 9-10 100 Back	1:30.93Y	# 129	Female 9-10 100 Breast	1:35.35Y
# 69	Female 9-10 200 Free	2:53.23Y	# 135	Female 9-10 100 Fly	1:41.72Y
# 75	Female 9-10 100 IM	1:30.38Y	<b>Olivia Normandin (13)</b>		
# 87	Female 9-10 50 Fly	40.48Y	# 1	Female 13-14 200 IM	2:30.93Y
# 117	Female 9-10 100 Free	1:15.20Y	# 5	Female 13-14 50 Free	27.83Y
# 123	Female 9-10 50 Back	41.82Y	# 9	Female 13-14 100 Back	1:07.95Y
# 129	Female 9-10 100 Breast	1:46.93Y	# 43	Female 13-14 100 Fly	1:05.59Y
<b>Riley Misener (10)</b>			# 47	Female 13-14 200 Back	2:26.69Y
# 23	Female 9-10 200 IM	2:50.96Y	# 51	Female 13-14 100 Free	1:01.61Y
# 27	Female 9-10 50 Free	32.41Y	# 95	Female 13-14 200 Free	2:14.24Y
# 31	Female 9-10 100 Back	1:21.86Y	# 99	Female 13-14 200 Fly	2:37.73Y
# 75	Female 9-10 100 IM	1:18.02Y	<b>Meghan Pettit (13)</b>		
# 81	Female 9-10 50 Breast	37.38Y	# 1	Female 13-14 200 IM	2:25.74Y
# 87	Female 9-10 50 Fly	37.16Y	# 5	Female 13-14 50 Free	27.44Y
# 123	Female 9-10 50 Back	37.29Y	# 9	Female 13-14 100 Back	1:09.56Y
# 129	Female 9-10 100 Breast	1:21.25Y	# 51	Female 13-14 100 Free	59.93Y
# 135	Female 9-10 100 Fly	1:31.20Y	# 55	Female 13-14 200 Breast	2:42.00Y
<b>Alexis Mone (16)</b>			# 63	Female 13-14 400 IM	5:11.99Y
# 3	Female 200 IM	2:29.41Y	# 95	Female 13-14 200 Free	2:08.23Y
# 7	Female 50 Free	28.26Y	# 99	Female 13-14 200 Fly	2:40.67Y
# 11	Female 100 Back	1:10.21Y	# 103	Female 13-14 100 Breast	1:16.64Y
# 49	Female 200 Back	2:26.10Y	<b>Margaret Pfeiffer (10)</b>		
# 53	Female 100 Free	1:00.82Y	# 27	Female 9-10 50 Free	35.07Y
# 65	Female 400 IM	5:12.66Y	# 31	Female 9-10 100 Back	1:32.74Y
# 101	Female 200 Fly	2:30.31Y	# 75	Female 9-10 100 IM	1:34.08Y
<b>Elizabeth Morgan (10)</b>			# 81	Female 9-10 50 Breast	46.78Y
# 23	Female 9-10 200 IM	2:57.26Y	# 87	Female 9-10 50 Fly	43.93Y
# 27	Female 9-10 50 Free	32.35Y	# 123	Female 9-10 50 Back	43.41Y
# 31	Female 9-10 100 Back	1:21.86Y	# 129	Female 9-10 100 Breast	1:43.50Y
# 69	Female 9-10 200 Free	2:46.62Y	<b>Katherine Romanov (15)</b>		
# 75	Female 9-10 100 IM	1:23.63Y	# 11	Female 100 Back	1:08.57Y
# 87	Female 9-10 50 Fly	37.47Y	# 19	Female 500 Free	5:35.33Y
# 123	Female 9-10 50 Back	38.57Y	# 53	Female 100 Free	59.46Y
# 129	Female 9-10 100 Breast	1:37.51Y	# 65	Female 400 IM	5:07.10Y
# 135	Female 9-10 100 Fly	1:27.86Y	# 97	Female 200 Free	2:07.72Y
<b>Stephanie Morgan (12)</b>			# 113	Female 1650 Free	18:54.91Y
# 21	Female 11-12 50 Free	30.19Y	<b>Kathryn Rowe (16)</b>		
# 33	Female 11-12 100 Back	1:15.37Y	# 3	Female 200 IM	2:13.52Y
# 39	Female 11-12 500 Free	6:16.36Y	# 19	Female 500 Free	5:05.84Y
# 73	Female 11-12 50 Back	34.85Y	# 45	Female 100 Fly	58.04Y

## Adirondack Swimming

---

### Individual Meet Entries Report

**AD Gold Short Course Championships 19-Mar-10 to 21-Mar-10 Yards**

**Schenectady Swim Club [SCHE-AD] Coach: Jerome Adams**

<b>FEMALE</b>
---------------

<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;"># 53</td> <td style="width: 70%;">Female 100 Free</td> <td style="width: 20%; text-align: right;">54.89Y</td> </tr> <tr> <td># 97</td> <td>Female 200 Free</td> <td style="text-align: right;">1:57.94Y</td> </tr> <tr> <td># 101</td> <td>Female 200 Fly</td> <td style="text-align: right;">2:05.63Y</td> </tr> <tr> <td colspan="3"><b>Nicole Sauter (17)</b></td> </tr> <tr> <td># 49</td> <td>Female 200 Back</td> <td style="text-align: right;">2:35.37Y</td> </tr> <tr> <td colspan="3"><b>Abigail Stafford (10)</b></td> </tr> <tr> <td># 23</td> <td>Female 9-10 200 IM</td> <td style="text-align: right;">3:08.94Y</td> </tr> <tr> <td># 27</td> <td>Female 9-10 50 Free</td> <td style="text-align: right;">33.55Y</td> </tr> <tr> <td># 31</td> <td>Female 9-10 100 Back</td> <td style="text-align: right;">1:22.51Y</td> </tr> <tr> <td># 69</td> <td>Female 9-10 200 Free</td> <td style="text-align: right;">2:49.54Y</td> </tr> <tr> <td># 75</td> <td>Female 9-10 100 IM</td> <td style="text-align: right;">1:26.62Y</td> </tr> <tr> <td># 87</td> <td>Female 9-10 50 Fly</td> <td style="text-align: right;">41.56Y</td> </tr> <tr> <td># 117</td> <td>Female 9-10 100 Free</td> <td style="text-align: right;">1:15.76Y</td> </tr> <tr> <td># 123</td> <td>Female 9-10 50 Back</td> <td style="text-align: right;">38.37Y</td> </tr> <tr> <td># 129</td> <td>Female 9-10 100 Breast</td> <td style="text-align: right;">1:36.98Y</td> </tr> <tr> <td colspan="3"><b>Shea Sullivan (11)</b></td> </tr> <tr> <td># 21</td> <td>Female 11-12 50 Free</td> <td style="text-align: right;">30.26Y</td> </tr> <tr> <td># 33</td> <td>Female 11-12 100 Back</td> <td style="text-align: right;">1:20.54Y</td> </tr> <tr> <td># 73</td> <td>Female 11-12 50 Back</td> <td style="text-align: right;">35.47Y</td> </tr> <tr> <td># 127</td> <td>Female 11-12 50 Fly</td> <td style="text-align: right;">35.30Y</td> </tr> <tr> <td colspan="3"><b>Sara Swett (15)</b></td> </tr> <tr> <td># 19</td> <td>Female 500 Free</td> <td style="text-align: right;">5:13.72Y</td> </tr> <tr> <td># 45</td> <td>Female 100 Fly</td> <td style="text-align: right;">1:03.66Y</td> </tr> <tr> <td># 53</td> <td>Female 100 Free</td> <td style="text-align: right;">57.42Y</td> </tr> <tr> <td># 65</td> <td>Female 400 IM</td> <td style="text-align: right;">4:53.30Y</td> </tr> <tr> <td># 97</td> <td>Female 200 Free</td> <td style="text-align: right;">1:59.22Y</td> </tr> <tr> <td># 101</td> <td>Female 200 Fly</td> <td style="text-align: right;">2:21.13Y</td> </tr> <tr> <td># 113</td> <td>Female 1650 Free</td> <td style="text-align: right;">18:09.13Y</td> </tr> <tr> <td colspan="3"><b>Paris Walkowiak (12)</b></td> </tr> <tr> <td># 21</td> <td>Female 11-12 50 Free</td> <td style="text-align: right;">29.48Y</td> </tr> <tr> <td># 25</td> <td>Female 11-12 100 IM</td> <td style="text-align: right;">1:16.63Y</td> </tr> <tr> <td># 33</td> <td>Female 11-12 100 Back</td> <td style="text-align: right;">1:13.64Y</td> </tr> <tr> <td># 67</td> <td>Female 11-12 100 Fly</td> <td style="text-align: right;">1:13.91Y</td> </tr> <tr> <td># 73</td> <td>Female 11-12 50 Back</td> <td style="text-align: right;">33.33Y</td> </tr> <tr> <td># 89</td> <td>Female 11-12 200 Back</td> <td style="text-align: right;">2:39.90Y</td> </tr> <tr> <td># 121</td> <td>Female 11-12 100 Free</td> <td style="text-align: right;">1:05.42Y</td> </tr> <tr> <td># 127</td> <td>Female 11-12 50 Fly</td> <td style="text-align: right;">30.71Y</td> </tr> <tr> <td># 137</td> <td>Female 11-12 200 Fly</td> <td style="text-align: right;">2:48.39Y</td> </tr> <tr> <td colspan="3"><b>Shawna Weaver (12)</b></td> </tr> <tr> <td># 21</td> <td>Female 11-12 50 Free</td> <td style="text-align: right;">29.16Y</td> </tr> <tr> <td># 25</td> <td>Female 11-12 100 IM</td> <td style="text-align: right;">1:13.40Y</td> </tr> <tr> <td># 33</td> <td>Female 11-12 100 Back</td> <td style="text-align: right;">1:15.06Y</td> </tr> <tr> <td># 67</td> <td>Female 11-12 100 Fly</td> <td style="text-align: right;">1:14.80Y</td> </tr> <tr> <td># 73</td> <td>Female 11-12 50 Back</td> <td style="text-align: right;">33.58Y</td> </tr> <tr> <td># 79</td> <td>Female 11-12 200 Free</td> <td style="text-align: right;">2:18.68Y</td> </tr> <tr> <td># 115</td> <td>Female 11-12 200 IM</td> <td style="text-align: right;">2:36.27Y</td> </tr> <tr> <td># 121</td> <td>Female 11-12 100 Free</td> <td style="text-align: right;">1:03.96Y</td> </tr> <tr> <td># 127</td> <td>Female 11-12 50 Fly</td> <td style="text-align: right;">31.97Y</td> </tr> <tr> <td colspan="3"><b>Lauren Zentko (15)</b></td> </tr> <tr> <td># 3</td> <td>Female 200 IM</td> <td style="text-align: right;">2:18.04Y</td> </tr> <tr> <td># 19</td> <td>Female 500 Free</td> <td style="text-align: right;">5:22.21Y</td> </tr> <tr> <td># 45</td> <td>Female 100 Fly</td> <td style="text-align: right;">1:02.61Y</td> </tr> </table>	# 53	Female 100 Free	54.89Y	# 97	Female 200 Free	1:57.94Y	# 101	Female 200 Fly	2:05.63Y	<b>Nicole Sauter (17)</b>			# 49	Female 200 Back	2:35.37Y	<b>Abigail Stafford (10)</b>			# 23	Female 9-10 200 IM	3:08.94Y	# 27	Female 9-10 50 Free	33.55Y	# 31	Female 9-10 100 Back	1:22.51Y	# 69	Female 9-10 200 Free	2:49.54Y	# 75	Female 9-10 100 IM	1:26.62Y	# 87	Female 9-10 50 Fly	41.56Y	# 117	Female 9-10 100 Free	1:15.76Y	# 123	Female 9-10 50 Back	38.37Y	# 129	Female 9-10 100 Breast	1:36.98Y	<b>Shea Sullivan (11)</b>			# 21	Female 11-12 50 Free	30.26Y	# 33	Female 11-12 100 Back	1:20.54Y	# 73	Female 11-12 50 Back	35.47Y	# 127	Female 11-12 50 Fly	35.30Y	<b>Sara Swett (15)</b>			# 19	Female 500 Free	5:13.72Y	# 45	Female 100 Fly	1:03.66Y	# 53	Female 100 Free	57.42Y	# 65	Female 400 IM	4:53.30Y	# 97	Female 200 Free	1:59.22Y	# 101	Female 200 Fly	2:21.13Y	# 113	Female 1650 Free	18:09.13Y	<b>Paris Walkowiak (12)</b>			# 21	Female 11-12 50 Free	29.48Y	# 25	Female 11-12 100 IM	1:16.63Y	# 33	Female 11-12 100 Back	1:13.64Y	# 67	Female 11-12 100 Fly	1:13.91Y	# 73	Female 11-12 50 Back	33.33Y	# 89	Female 11-12 200 Back	2:39.90Y	# 121	Female 11-12 100 Free	1:05.42Y	# 127	Female 11-12 50 Fly	30.71Y	# 137	Female 11-12 200 Fly	2:48.39Y	<b>Shawna Weaver (12)</b>			# 21	Female 11-12 50 Free	29.16Y	# 25	Female 11-12 100 IM	1:13.40Y	# 33	Female 11-12 100 Back	1:15.06Y	# 67	Female 11-12 100 Fly	1:14.80Y	# 73	Female 11-12 50 Back	33.58Y	# 79	Female 11-12 200 Free	2:18.68Y	# 115	Female 11-12 200 IM	2:36.27Y	# 121	Female 11-12 100 Free	1:03.96Y	# 127	Female 11-12 50 Fly	31.97Y	<b>Lauren Zentko (15)</b>			# 3	Female 200 IM	2:18.04Y	# 19	Female 500 Free	5:22.21Y	# 45	Female 100 Fly	1:02.61Y
# 53	Female 100 Free	54.89Y																																																																																																																																																										
# 97	Female 200 Free	1:57.94Y																																																																																																																																																										
# 101	Female 200 Fly	2:05.63Y																																																																																																																																																										
<b>Nicole Sauter (17)</b>																																																																																																																																																												
# 49	Female 200 Back	2:35.37Y																																																																																																																																																										
<b>Abigail Stafford (10)</b>																																																																																																																																																												
# 23	Female 9-10 200 IM	3:08.94Y																																																																																																																																																										
# 27	Female 9-10 50 Free	33.55Y																																																																																																																																																										
# 31	Female 9-10 100 Back	1:22.51Y																																																																																																																																																										
# 69	Female 9-10 200 Free	2:49.54Y																																																																																																																																																										
# 75	Female 9-10 100 IM	1:26.62Y																																																																																																																																																										
# 87	Female 9-10 50 Fly	41.56Y																																																																																																																																																										
# 117	Female 9-10 100 Free	1:15.76Y																																																																																																																																																										
# 123	Female 9-10 50 Back	38.37Y																																																																																																																																																										
# 129	Female 9-10 100 Breast	1:36.98Y																																																																																																																																																										
<b>Shea Sullivan (11)</b>																																																																																																																																																												
# 21	Female 11-12 50 Free	30.26Y																																																																																																																																																										
# 33	Female 11-12 100 Back	1:20.54Y																																																																																																																																																										
# 73	Female 11-12 50 Back	35.47Y																																																																																																																																																										
# 127	Female 11-12 50 Fly	35.30Y																																																																																																																																																										
<b>Sara Swett (15)</b>																																																																																																																																																												
# 19	Female 500 Free	5:13.72Y																																																																																																																																																										
# 45	Female 100 Fly	1:03.66Y																																																																																																																																																										
# 53	Female 100 Free	57.42Y																																																																																																																																																										
# 65	Female 400 IM	4:53.30Y																																																																																																																																																										
# 97	Female 200 Free	1:59.22Y																																																																																																																																																										
# 101	Female 200 Fly	2:21.13Y																																																																																																																																																										
# 113	Female 1650 Free	18:09.13Y																																																																																																																																																										
<b>Paris Walkowiak (12)</b>																																																																																																																																																												
# 21	Female 11-12 50 Free	29.48Y																																																																																																																																																										
# 25	Female 11-12 100 IM	1:16.63Y																																																																																																																																																										
# 33	Female 11-12 100 Back	1:13.64Y																																																																																																																																																										
# 67	Female 11-12 100 Fly	1:13.91Y																																																																																																																																																										
# 73	Female 11-12 50 Back	33.33Y																																																																																																																																																										
# 89	Female 11-12 200 Back	2:39.90Y																																																																																																																																																										
# 121	Female 11-12 100 Free	1:05.42Y																																																																																																																																																										
# 127	Female 11-12 50 Fly	30.71Y																																																																																																																																																										
# 137	Female 11-12 200 Fly	2:48.39Y																																																																																																																																																										
<b>Shawna Weaver (12)</b>																																																																																																																																																												
# 21	Female 11-12 50 Free	29.16Y																																																																																																																																																										
# 25	Female 11-12 100 IM	1:13.40Y																																																																																																																																																										
# 33	Female 11-12 100 Back	1:15.06Y																																																																																																																																																										
# 67	Female 11-12 100 Fly	1:14.80Y																																																																																																																																																										
# 73	Female 11-12 50 Back	33.58Y																																																																																																																																																										
# 79	Female 11-12 200 Free	2:18.68Y																																																																																																																																																										
# 115	Female 11-12 200 IM	2:36.27Y																																																																																																																																																										
# 121	Female 11-12 100 Free	1:03.96Y																																																																																																																																																										
# 127	Female 11-12 50 Fly	31.97Y																																																																																																																																																										
<b>Lauren Zentko (15)</b>																																																																																																																																																												
# 3	Female 200 IM	2:18.04Y																																																																																																																																																										
# 19	Female 500 Free	5:22.21Y																																																																																																																																																										
# 45	Female 100 Fly	1:02.61Y																																																																																																																																																										

 |       |                  |           | |-------|------------------|-----------| | # 49  | Female 200 Back  | 2:16.45Y  | | # 65  | Female 400 IM    | 4:50.03Y  | | # 113 | Female 1650 Free | 18:19.51Y | |

## Adirondack Swimming

### Individual Meet Entries Report

**AD Gold Short Course Championships 19-Mar-10 to 21-Mar-10 Yards**  
**Schenectady Swim Club [SCHE-AD] Coach: Jerome Adams**

<b>MALE</b>
-------------

<b>Zachary Allen (12)</b>			# 64	Male 13-14 400 IM	4:42.60Y
# 22	Male 11-12 50 Free	31.30Y	# 96	Male 13-14 200 Free	2:08.14Y
# 34	Male 11-12 100 Back	1:20.21Y	# 100	Male 13-14 200 Fly	2:14.41Y
# 74	Male 11-12 50 Back	37.11Y	# 104	Male 13-14 100 Breast	1:07.65Y
# 80	Male 11-12 200 Free	2:25.35Y	<b>Nolan Caron (17)</b>		
# 86	Male 11-12 50 Breast	41.41Y	# 4	Male 200 IM	2:08.40Y
# 128	Male 11-12 50 Fly	35.64Y	# 12	Male 100 Back	59.28Y
# 134	Male 11-12 100 Breast	1:28.98Y	# 20	Male 500 Free	5:07.52Y
<b>Yannai Arazi (8)</b>			# 50	Male 200 Back	2:03.25Y
# 72	Male 8 & Under 100 Free	1:29.11Y	# 66	Male 400 IM	4:34.46Y
# 78	Male 8 & Under 50 Back	46.91Y	# 98	Male 200 Free	1:55.71Y
# 84	Male 8 & Under 50 Fly	43.65Y	# 106	Male 100 Breast	1:09.56Y
# 120	Male 8 & Under 100 IM	1:42.28Y	<b>Calvin Cleworth (12)</b>		
# 126	Male 8 & Under 50 Free	39.20Y	# 26	Male 11-12 100 IM	1:13.24Y
<b>James Barno (9)</b>			# 30	Male 11-12 200 Breast	3:01.02Y
# 28	Male 9-10 50 Free	34.00Y	# 40	Male 11-12 500 Free	6:09.72Y
# 32	Male 9-10 100 Back	1:35.54Y	# 68	Male 11-12 100 Fly	1:14.17Y
# 118	Male 9-10 100 Free	1:20.76Y	# 80	Male 11-12 200 Free	2:19.42Y
# 124	Male 9-10 50 Back	42.49Y	# 86	Male 11-12 50 Breast	39.39Y
# 136	Male 9-10 100 Fly	1:45.09Y	# 116	Male 11-12 200 IM	2:36.16Y
<b>Michael Barno (17)</b>			# 134	Male 11-12 100 Breast	1:24.01Y
# 8	Male 50 Free	21.90Y	# 138	Male 11-12 200 Fly	2:51.88Y
# 12	Male 100 Back	58.42Y	<b>Brennan Colby (13)</b>		
# 20	Male 500 Free	4:52.44Y	# 2	Male 13-14 200 IM	2:32.32Y
# 46	Male 100 Fly	53.48Y	<b>Joseph Conway (12)</b>		
# 54	Male 100 Free	47.89Y	# 22	Male 11-12 50 Free	31.19Y
# 98	Male 200 Free	1:45.09Y	# 30	Male 11-12 200 Breast	3:03.47Y
<b>Brandon Beaudoin (14)</b>			# 68	Male 11-12 100 Fly	1:17.22Y
# 2	Male 13-14 200 IM	2:28.19Y	# 80	Male 11-12 200 Free	2:29.16Y
# 6	Male 13-14 50 Free	27.67Y	# 86	Male 11-12 50 Breast	42.04Y
# 10	Male 13-14 100 Back	1:07.23Y	# 116	Male 11-12 200 IM	2:44.00Y
# 52	Male 13-14 100 Free	58.92Y	# 128	Male 11-12 50 Fly	34.96Y
# 56	Male 13-14 200 Breast	2:39.41Y	# 138	Male 11-12 200 Fly	2:54.19Y
# 64	Male 13-14 400 IM	5:04.49Y	<b>Clark Davis (12)</b>		
# 96	Male 13-14 200 Free	2:12.44Y	# 26	Male 11-12 100 IM	1:11.61Y
# 104	Male 13-14 100 Breast	1:12.69Y	# 30	Male 11-12 200 Breast	2:59.81Y
<b>Noah Berliner (16)</b>			# 40	Male 11-12 500 Free	6:10.49Y
# 58	Male 200 Breast	2:39.06Y	# 74	Male 11-12 50 Back	35.56Y
# 106	Male 100 Breast	1:14.00Y	# 86	Male 11-12 50 Breast	37.78Y
<b>Shayne Buckley (17)</b>			# 90	Male 11-12 200 Back	2:49.76Y
# 4	Male 200 IM	1:53.46Y	# 116	Male 11-12 200 IM	2:37.36Y
# 12	Male 100 Back	57.07Y	# 134	Male 11-12 100 Breast	1:20.88Y
# 46	Male 100 Fly	53.01Y	# 138	Male 11-12 200 Fly	2:55.30Y
# 58	Male 200 Breast	2:18.30Y	<b>Kyle Farmer (10)</b>		
# 98	Male 200 Free	1:43.21Y	# 24	Male 9-10 200 IM	3:14.49Y
# 106	Male 100 Breast	1:01.24Y	# 28	Male 9-10 50 Free	34.70Y
<b>Grant Bullis (14)</b>			# 32	Male 9-10 100 Back	1:34.39Y
# 2	Male 13-14 200 IM	2:16.45Y	# 76	Male 9-10 100 IM	1:30.71Y
# 6	Male 13-14 50 Free	27.30Y	# 82	Male 9-10 50 Breast	45.82Y
# 18	Male 13-14 500 Free	5:23.26Y	# 88	Male 9-10 50 Fly	42.35Y
# 44	Male 13-14 100 Fly	1:02.43Y	# 118	Male 9-10 100 Free	1:21.27Y
# 56	Male 13-14 200 Breast	2:24.42Y	# 124	Male 9-10 50 Back	42.61Y

## Adirondack Swimming

### Individual Meet Entries Report

**AD Gold Short Course Championships 19-Mar-10 to 21-Mar-10 Yards**  
**Schenectady Swim Club [SCHE-AD] Coach: Jerome Adams**

<b>MALE</b>
-------------

<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;"># 130</td> <td style="width: 70%;">Male 9-10 100 Breast</td> <td style="width: 20%; text-align: right;">1:40.67Y</td> </tr> <tr> <td colspan="3"><b>Terry Francois (11)</b></td> </tr> <tr> <td># 22</td> <td>Male 11-12 50 Free</td> <td style="text-align: right;">29.45Y</td> </tr> <tr> <td># 26</td> <td>Male 11-12 100 IM</td> <td style="text-align: right;">1:16.26Y</td> </tr> <tr> <td># 34</td> <td>Male 11-12 100 Back</td> <td style="text-align: right;">1:17.50Y</td> </tr> <tr> <td># 68</td> <td>Male 11-12 100 Fly</td> <td style="text-align: right;">1:17.21Y</td> </tr> <tr> <td># 74</td> <td>Male 11-12 50 Back</td> <td style="text-align: right;">36.22Y</td> </tr> <tr> <td># 80</td> <td>Male 11-12 200 Free</td> <td style="text-align: right;">2:24.78Y</td> </tr> <tr> <td># 122</td> <td>Male 11-12 100 Free</td> <td style="text-align: right;">1:08.88Y</td> </tr> <tr> <td># 128</td> <td>Male 11-12 50 Fly</td> <td style="text-align: right;">32.88Y</td> </tr> <tr> <td># 134</td> <td>Male 11-12 100 Breast</td> <td style="text-align: right;">1:31.76Y</td> </tr> <tr> <td colspan="3"><b>Broderick Gould (12)</b></td> </tr> <tr> <td># 86</td> <td>Male 11-12 50 Breast</td> <td style="text-align: right;">42.63Y</td> </tr> <tr> <td colspan="3"><b>Mark Gregory (7)</b></td> </tr> <tr> <td># 72</td> <td>Male 8 &amp; Under 100 Free</td> <td style="text-align: right;">1:29.31Y</td> </tr> <tr> <td># 78</td> <td>Male 8 &amp; Under 50 Back</td> <td style="text-align: right;">47.86Y</td> </tr> <tr> <td># 84</td> <td>Male 8 &amp; Under 50 Fly</td> <td style="text-align: right;">53.35Y</td> </tr> <tr> <td># 120</td> <td>Male 8 &amp; Under 100 IM</td> <td style="text-align: right;">1:52.97Y</td> </tr> <tr> <td># 126</td> <td>Male 8 &amp; Under 50 Free</td> <td style="text-align: right;">40.23Y</td> </tr> <tr> <td colspan="3"><b>Brady Haraden (8)</b></td> </tr> <tr> <td># 72</td> <td>Male 8 &amp; Under 100 Free</td> <td style="text-align: right;">1:43.90Y</td> </tr> <tr> <td># 126</td> <td>Male 8 &amp; Under 50 Free</td> <td style="text-align: right;">45.56Y</td> </tr> <tr> <td colspan="3"><b>Dylan Haraden (9)</b></td> </tr> <tr> <td># 28</td> <td>Male 9-10 50 Free</td> <td style="text-align: right;">34.96Y</td> </tr> <tr> <td># 32</td> <td>Male 9-10 100 Back</td> <td style="text-align: right;">1:32.80Y</td> </tr> <tr> <td># 88</td> <td>Male 9-10 50 Fly</td> <td style="text-align: right;">44.36Y</td> </tr> <tr> <td># 118</td> <td>Male 9-10 100 Free</td> <td style="text-align: right;">1:21.24Y</td> </tr> <tr> <td># 124</td> <td>Male 9-10 50 Back</td> <td style="text-align: right;">40.65Y</td> </tr> <tr> <td colspan="3"><b>Jesse Haraden (12)</b></td> </tr> <tr> <td># 22</td> <td>Male 11-12 50 Free</td> <td style="text-align: right;">31.33Y</td> </tr> <tr> <td># 34</td> <td>Male 11-12 100 Back</td> <td style="text-align: right;">1:14.96Y</td> </tr> <tr> <td># 40</td> <td>Male 11-12 500 Free</td> <td style="text-align: right;">6:16.16Y</td> </tr> <tr> <td># 74</td> <td>Male 11-12 50 Back</td> <td style="text-align: right;">35.75Y</td> </tr> <tr> <td># 80</td> <td>Male 11-12 200 Free</td> <td style="text-align: right;">2:20.38Y</td> </tr> <tr> <td># 90</td> <td>Male 11-12 200 Back</td> <td style="text-align: right;">2:37.78Y</td> </tr> <tr> <td># 122</td> <td>Male 11-12 100 Free</td> <td style="text-align: right;">1:09.23Y</td> </tr> <tr> <td># 128</td> <td>Male 11-12 50 Fly</td> <td style="text-align: right;">34.74Y</td> </tr> <tr> <td># 138</td> <td>Male 11-12 200 Fly</td> <td style="text-align: right;">2:54.02Y</td> </tr> <tr> <td colspan="3"><b>Michael Henze (16)</b></td> </tr> <tr> <td># 4</td> <td>Male 200 IM</td> <td style="text-align: right;">2:05.30Y</td> </tr> <tr> <td># 8</td> <td>Male 50 Free</td> <td style="text-align: right;">23.03Y</td> </tr> <tr> <td># 46</td> <td>Male 100 Fly</td> <td style="text-align: right;">55.41Y</td> </tr> <tr> <td># 54</td> <td>Male 100 Free</td> <td style="text-align: right;">50.78Y</td> </tr> <tr> <td># 102</td> <td>Male 200 Fly</td> <td style="text-align: right;">2:08.25Y</td> </tr> <tr> <td># 106</td> <td>Male 100 Breast</td> <td style="text-align: right;">1:08.51Y</td> </tr> <tr> <td colspan="3"><b>Neil Horne (9)</b></td> </tr> <tr> <td># 124</td> <td>Male 9-10 50 Back</td> <td style="text-align: right;">47.81Y</td> </tr> <tr> <td colspan="3"><b>Aaron Kalish (13)</b></td> </tr> <tr> <td># 6</td> <td>Male 13-14 50 Free</td> <td style="text-align: right;">27.76Y</td> </tr> <tr> <td># 96</td> <td>Male 13-14 200 Free</td> <td style="text-align: right;">2:14.71Y</td> </tr> <tr> <td colspan="3"><b>Brandon Keating (16)</b></td> </tr> <tr> <td># 4</td> <td>Male 200 IM</td> <td style="text-align: right;">2:22.47Y</td> </tr> </table>	# 130	Male 9-10 100 Breast	1:40.67Y	<b>Terry Francois (11)</b>			# 22	Male 11-12 50 Free	29.45Y	# 26	Male 11-12 100 IM	1:16.26Y	# 34	Male 11-12 100 Back	1:17.50Y	# 68	Male 11-12 100 Fly	1:17.21Y	# 74	Male 11-12 50 Back	36.22Y	# 80	Male 11-12 200 Free	2:24.78Y	# 122	Male 11-12 100 Free	1:08.88Y	# 128	Male 11-12 50 Fly	32.88Y	# 134	Male 11-12 100 Breast	1:31.76Y	<b>Broderick Gould (12)</b>			# 86	Male 11-12 50 Breast	42.63Y	<b>Mark Gregory (7)</b>			# 72	Male 8 & Under 100 Free	1:29.31Y	# 78	Male 8 & Under 50 Back	47.86Y	# 84	Male 8 & Under 50 Fly	53.35Y	# 120	Male 8 & Under 100 IM	1:52.97Y	# 126	Male 8 & Under 50 Free	40.23Y	<b>Brady Haraden (8)</b>			# 72	Male 8 & Under 100 Free	1:43.90Y	# 126	Male 8 & Under 50 Free	45.56Y	<b>Dylan Haraden (9)</b>			# 28	Male 9-10 50 Free	34.96Y	# 32	Male 9-10 100 Back	1:32.80Y	# 88	Male 9-10 50 Fly	44.36Y	# 118	Male 9-10 100 Free	1:21.24Y	# 124	Male 9-10 50 Back	40.65Y	<b>Jesse Haraden (12)</b>			# 22	Male 11-12 50 Free	31.33Y	# 34	Male 11-12 100 Back	1:14.96Y	# 40	Male 11-12 500 Free	6:16.16Y	# 74	Male 11-12 50 Back	35.75Y	# 80	Male 11-12 200 Free	2:20.38Y	# 90	Male 11-12 200 Back	2:37.78Y	# 122	Male 11-12 100 Free	1:09.23Y	# 128	Male 11-12 50 Fly	34.74Y	# 138	Male 11-12 200 Fly	2:54.02Y	<b>Michael Henze (16)</b>			# 4	Male 200 IM	2:05.30Y	# 8	Male 50 Free	23.03Y	# 46	Male 100 Fly	55.41Y	# 54	Male 100 Free	50.78Y	# 102	Male 200 Fly	2:08.25Y	# 106	Male 100 Breast	1:08.51Y	<b>Neil Horne (9)</b>			# 124	Male 9-10 50 Back	47.81Y	<b>Aaron Kalish (13)</b>			# 6	Male 13-14 50 Free	27.76Y	# 96	Male 13-14 200 Free	2:14.71Y	<b>Brandon Keating (16)</b>			# 4	Male 200 IM	2:22.47Y	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;"># 8</td> <td style="width: 70%;">Male 50 Free</td> <td style="width: 20%; text-align: right;">24.39Y</td> </tr> <tr> <td># 12</td> <td>Male 100 Back</td> <td style="text-align: right;">1:04.09Y</td> </tr> <tr> <td># 54</td> <td>Male 100 Free</td> <td style="text-align: right;">52.87Y</td> </tr> <tr> <td># 98</td> <td>Male 200 Free</td> <td style="text-align: right;">1:59.74Y</td> </tr> <tr> <td># 106</td> <td>Male 100 Breast</td> <td style="text-align: right;">1:09.32Y</td> </tr> <tr> <td colspan="3"><b>Christopher Ludeke (12)</b></td> </tr> <tr> <td># 26</td> <td>Male 11-12 100 IM</td> <td style="text-align: right;">1:12.63Y</td> </tr> <tr> <td># 30</td> <td>Male 11-12 200 Breast</td> <td style="text-align: right;">2:57.78Y</td> </tr> <tr> <td># 40</td> <td>Male 11-12 500 Free</td> <td style="text-align: right;">5:52.58Y</td> </tr> <tr> <td># 80</td> <td>Male 11-12 200 Free</td> <td style="text-align: right;">2:14.69Y</td> </tr> <tr> <td># 86</td> <td>Male 11-12 50 Breast</td> <td style="text-align: right;">36.99Y</td> </tr> <tr> <td># 90</td> <td>Male 11-12 200 Back</td> <td style="text-align: right;">2:34.24Y</td> </tr> <tr> <td># 116</td> <td>Male 11-12 200 IM</td> <td style="text-align: right;">2:33.35Y</td> </tr> <tr> <td># 122</td> <td>Male 11-12 100 Free</td> <td style="text-align: right;">1:05.45Y</td> </tr> <tr> <td># 134</td> <td>Male 11-12 100 Breast</td> <td style="text-align: right;">1:21.38Y</td> </tr> <tr> <td colspan="3"><b>Gregory Mattice (16)</b></td> </tr> <tr> <td># 4</td> <td>Male 200 IM</td> <td style="text-align: right;">2:20.90Y</td> </tr> <tr> <td># 106</td> <td>Male 100 Breast</td> <td style="text-align: right;">1:12.11Y</td> </tr> <tr> <td colspan="3"><b>Evan Melby (15)</b></td> </tr> <tr> <td># 4</td> <td>Male 200 IM</td> <td style="text-align: right;">2:17.19Y</td> </tr> <tr> <td># 8</td> <td>Male 50 Free</td> <td style="text-align: right;">25.51Y</td> </tr> <tr> <td># 46</td> <td>Male 100 Fly</td> <td style="text-align: right;">1:02.30Y</td> </tr> <tr> <td># 54</td> <td>Male 100 Free</td> <td style="text-align: right;">57.70Y</td> </tr> <tr> <td># 58</td> <td>Male 200 Breast</td> <td style="text-align: right;">2:39.45Y</td> </tr> <tr> <td># 98</td> <td>Male 200 Free</td> <td style="text-align: right;">2:03.18Y</td> </tr> <tr> <td># 106</td> <td>Male 100 Breast</td> <td style="text-align: right;">1:13.20Y</td> </tr> <tr> <td colspan="3"><b>Taylor Nichols (15)</b></td> </tr> <tr> <td># 8</td> <td>Male 50 Free</td> <td style="text-align: right;">23.63Y</td> </tr> <tr> <td># 12</td> <td>Male 100 Back</td> <td style="text-align: right;">55.95Y</td> </tr> <tr> <td># 50</td> <td>Male 200 Back</td> <td style="text-align: right;">1:59.31Y</td> </tr> <tr> <td># 54</td> <td>Male 100 Free</td> <td style="text-align: right;">51.07Y</td> </tr> <tr> <td># 98</td> <td>Male 200 Free</td> <td style="text-align: right;">1:52.63Y</td> </tr> <tr> <td colspan="3"><b>Troy Nichols (17)</b></td> </tr> <tr> <td># 8</td> <td>Male 50 Free</td> <td style="text-align: right;">22.73Y</td> </tr> <tr> <td># 12</td> <td>Male 100 Back</td> <td style="text-align: right;">54.84Y</td> </tr> <tr> <td># 54</td> <td>Male 100 Free</td> <td style="text-align: right;">47.79Y</td> </tr> <tr> <td># 98</td> <td>Male 200 Free</td> <td style="text-align: right;">1:43.32Y</td> </tr> <tr> <td># 106</td> <td>Male 100 Breast</td> <td style="text-align: right;">1:01.88Y</td> </tr> <tr> <td colspan="3"><b>Benjamin Olson (13)</b></td> </tr> <tr> <td># 2</td> <td>Male 13-14 200 IM</td> <td style="text-align: right;">2:28.41Y</td> </tr> <tr> <td># 10</td> <td>Male 13-14 100 Back</td> <td style="text-align: right;">1:10.69Y</td> </tr> <tr> <td># 44</td> <td>Male 13-14 100 Fly</td> <td style="text-align: right;">1:10.55Y</td> </tr> <tr> <td># 48</td> <td>Male 13-14 200 Back</td> <td style="text-align: right;">2:32.54Y</td> </tr> <tr> <td># 52</td> <td>Male 13-14 100 Free</td> <td style="text-align: right;">1:01.42Y</td> </tr> <tr> <td># 96</td> <td>Male 13-14 200 Free</td> <td style="text-align: right;">2:14.43Y</td> </tr> <tr> <td colspan="3"><b>Timothy Rappold (18)</b></td> </tr> <tr> <td># 4</td> <td>Male 200 IM</td> <td style="text-align: right;">1:59.35Y</td> </tr> <tr> <td># 50</td> <td>Male 200 Back</td> <td style="text-align: right;">2:03.13Y</td> </tr> <tr> <td># 58</td> <td>Male 200 Breast</td> <td style="text-align: right;">2:09.24Y</td> </tr> <tr> <td># 106</td> <td>Male 100 Breast</td> <td style="text-align: right;">1:00.43Y</td> </tr> <tr> <td colspan="3"><b>Gregory Romanov (17)</b></td> </tr> <tr> <td># 4</td> <td>Male 200 IM</td> <td style="text-align: right;">2:04.91Y</td> </tr> </table>	# 8	Male 50 Free	24.39Y	# 12	Male 100 Back	1:04.09Y	# 54	Male 100 Free	52.87Y	# 98	Male 200 Free	1:59.74Y	# 106	Male 100 Breast	1:09.32Y	<b>Christopher Ludeke (12)</b>			# 26	Male 11-12 100 IM	1:12.63Y	# 30	Male 11-12 200 Breast	2:57.78Y	# 40	Male 11-12 500 Free	5:52.58Y	# 80	Male 11-12 200 Free	2:14.69Y	# 86	Male 11-12 50 Breast	36.99Y	# 90	Male 11-12 200 Back	2:34.24Y	# 116	Male 11-12 200 IM	2:33.35Y	# 122	Male 11-12 100 Free	1:05.45Y	# 134	Male 11-12 100 Breast	1:21.38Y	<b>Gregory Mattice (16)</b>			# 4	Male 200 IM	2:20.90Y	# 106	Male 100 Breast	1:12.11Y	<b>Evan Melby (15)</b>			# 4	Male 200 IM	2:17.19Y	# 8	Male 50 Free	25.51Y	# 46	Male 100 Fly	1:02.30Y	# 54	Male 100 Free	57.70Y	# 58	Male 200 Breast	2:39.45Y	# 98	Male 200 Free	2:03.18Y	# 106	Male 100 Breast	1:13.20Y	<b>Taylor Nichols (15)</b>			# 8	Male 50 Free	23.63Y	# 12	Male 100 Back	55.95Y	# 50	Male 200 Back	1:59.31Y	# 54	Male 100 Free	51.07Y	# 98	Male 200 Free	1:52.63Y	<b>Troy Nichols (17)</b>			# 8	Male 50 Free	22.73Y	# 12	Male 100 Back	54.84Y	# 54	Male 100 Free	47.79Y	# 98	Male 200 Free	1:43.32Y	# 106	Male 100 Breast	1:01.88Y	<b>Benjamin Olson (13)</b>			# 2	Male 13-14 200 IM	2:28.41Y	# 10	Male 13-14 100 Back	1:10.69Y	# 44	Male 13-14 100 Fly	1:10.55Y	# 48	Male 13-14 200 Back	2:32.54Y	# 52	Male 13-14 100 Free	1:01.42Y	# 96	Male 13-14 200 Free	2:14.43Y	<b>Timothy Rappold (18)</b>			# 4	Male 200 IM	1:59.35Y	# 50	Male 200 Back	2:03.13Y	# 58	Male 200 Breast	2:09.24Y	# 106	Male 100 Breast	1:00.43Y	<b>Gregory Romanov (17)</b>			# 4	Male 200 IM	2:04.91Y
# 130	Male 9-10 100 Breast	1:40.67Y																																																																																																																																																																																																																																																																																																																							
<b>Terry Francois (11)</b>																																																																																																																																																																																																																																																																																																																									
# 22	Male 11-12 50 Free	29.45Y																																																																																																																																																																																																																																																																																																																							
# 26	Male 11-12 100 IM	1:16.26Y																																																																																																																																																																																																																																																																																																																							
# 34	Male 11-12 100 Back	1:17.50Y																																																																																																																																																																																																																																																																																																																							
# 68	Male 11-12 100 Fly	1:17.21Y																																																																																																																																																																																																																																																																																																																							
# 74	Male 11-12 50 Back	36.22Y																																																																																																																																																																																																																																																																																																																							
# 80	Male 11-12 200 Free	2:24.78Y																																																																																																																																																																																																																																																																																																																							
# 122	Male 11-12 100 Free	1:08.88Y																																																																																																																																																																																																																																																																																																																							
# 128	Male 11-12 50 Fly	32.88Y																																																																																																																																																																																																																																																																																																																							
# 134	Male 11-12 100 Breast	1:31.76Y																																																																																																																																																																																																																																																																																																																							
<b>Broderick Gould (12)</b>																																																																																																																																																																																																																																																																																																																									
# 86	Male 11-12 50 Breast	42.63Y																																																																																																																																																																																																																																																																																																																							
<b>Mark Gregory (7)</b>																																																																																																																																																																																																																																																																																																																									
# 72	Male 8 & Under 100 Free	1:29.31Y																																																																																																																																																																																																																																																																																																																							
# 78	Male 8 & Under 50 Back	47.86Y																																																																																																																																																																																																																																																																																																																							
# 84	Male 8 & Under 50 Fly	53.35Y																																																																																																																																																																																																																																																																																																																							
# 120	Male 8 & Under 100 IM	1:52.97Y																																																																																																																																																																																																																																																																																																																							
# 126	Male 8 & Under 50 Free	40.23Y																																																																																																																																																																																																																																																																																																																							
<b>Brady Haraden (8)</b>																																																																																																																																																																																																																																																																																																																									
# 72	Male 8 & Under 100 Free	1:43.90Y																																																																																																																																																																																																																																																																																																																							
# 126	Male 8 & Under 50 Free	45.56Y																																																																																																																																																																																																																																																																																																																							
<b>Dylan Haraden (9)</b>																																																																																																																																																																																																																																																																																																																									
# 28	Male 9-10 50 Free	34.96Y																																																																																																																																																																																																																																																																																																																							
# 32	Male 9-10 100 Back	1:32.80Y																																																																																																																																																																																																																																																																																																																							
# 88	Male 9-10 50 Fly	44.36Y																																																																																																																																																																																																																																																																																																																							
# 118	Male 9-10 100 Free	1:21.24Y																																																																																																																																																																																																																																																																																																																							
# 124	Male 9-10 50 Back	40.65Y																																																																																																																																																																																																																																																																																																																							
<b>Jesse Haraden (12)</b>																																																																																																																																																																																																																																																																																																																									
# 22	Male 11-12 50 Free	31.33Y																																																																																																																																																																																																																																																																																																																							
# 34	Male 11-12 100 Back	1:14.96Y																																																																																																																																																																																																																																																																																																																							
# 40	Male 11-12 500 Free	6:16.16Y																																																																																																																																																																																																																																																																																																																							
# 74	Male 11-12 50 Back	35.75Y																																																																																																																																																																																																																																																																																																																							
# 80	Male 11-12 200 Free	2:20.38Y																																																																																																																																																																																																																																																																																																																							
# 90	Male 11-12 200 Back	2:37.78Y																																																																																																																																																																																																																																																																																																																							
# 122	Male 11-12 100 Free	1:09.23Y																																																																																																																																																																																																																																																																																																																							
# 128	Male 11-12 50 Fly	34.74Y																																																																																																																																																																																																																																																																																																																							
# 138	Male 11-12 200 Fly	2:54.02Y																																																																																																																																																																																																																																																																																																																							
<b>Michael Henze (16)</b>																																																																																																																																																																																																																																																																																																																									
# 4	Male 200 IM	2:05.30Y																																																																																																																																																																																																																																																																																																																							
# 8	Male 50 Free	23.03Y																																																																																																																																																																																																																																																																																																																							
# 46	Male 100 Fly	55.41Y																																																																																																																																																																																																																																																																																																																							
# 54	Male 100 Free	50.78Y																																																																																																																																																																																																																																																																																																																							
# 102	Male 200 Fly	2:08.25Y																																																																																																																																																																																																																																																																																																																							
# 106	Male 100 Breast	1:08.51Y																																																																																																																																																																																																																																																																																																																							
<b>Neil Horne (9)</b>																																																																																																																																																																																																																																																																																																																									
# 124	Male 9-10 50 Back	47.81Y																																																																																																																																																																																																																																																																																																																							
<b>Aaron Kalish (13)</b>																																																																																																																																																																																																																																																																																																																									
# 6	Male 13-14 50 Free	27.76Y																																																																																																																																																																																																																																																																																																																							
# 96	Male 13-14 200 Free	2:14.71Y																																																																																																																																																																																																																																																																																																																							
<b>Brandon Keating (16)</b>																																																																																																																																																																																																																																																																																																																									
# 4	Male 200 IM	2:22.47Y																																																																																																																																																																																																																																																																																																																							
# 8	Male 50 Free	24.39Y																																																																																																																																																																																																																																																																																																																							
# 12	Male 100 Back	1:04.09Y																																																																																																																																																																																																																																																																																																																							
# 54	Male 100 Free	52.87Y																																																																																																																																																																																																																																																																																																																							
# 98	Male 200 Free	1:59.74Y																																																																																																																																																																																																																																																																																																																							
# 106	Male 100 Breast	1:09.32Y																																																																																																																																																																																																																																																																																																																							
<b>Christopher Ludeke (12)</b>																																																																																																																																																																																																																																																																																																																									
# 26	Male 11-12 100 IM	1:12.63Y																																																																																																																																																																																																																																																																																																																							
# 30	Male 11-12 200 Breast	2:57.78Y																																																																																																																																																																																																																																																																																																																							
# 40	Male 11-12 500 Free	5:52.58Y																																																																																																																																																																																																																																																																																																																							
# 80	Male 11-12 200 Free	2:14.69Y																																																																																																																																																																																																																																																																																																																							
# 86	Male 11-12 50 Breast	36.99Y																																																																																																																																																																																																																																																																																																																							
# 90	Male 11-12 200 Back	2:34.24Y																																																																																																																																																																																																																																																																																																																							
# 116	Male 11-12 200 IM	2:33.35Y																																																																																																																																																																																																																																																																																																																							
# 122	Male 11-12 100 Free	1:05.45Y																																																																																																																																																																																																																																																																																																																							
# 134	Male 11-12 100 Breast	1:21.38Y																																																																																																																																																																																																																																																																																																																							
<b>Gregory Mattice (16)</b>																																																																																																																																																																																																																																																																																																																									
# 4	Male 200 IM	2:20.90Y																																																																																																																																																																																																																																																																																																																							
# 106	Male 100 Breast	1:12.11Y																																																																																																																																																																																																																																																																																																																							
<b>Evan Melby (15)</b>																																																																																																																																																																																																																																																																																																																									
# 4	Male 200 IM	2:17.19Y																																																																																																																																																																																																																																																																																																																							
# 8	Male 50 Free	25.51Y																																																																																																																																																																																																																																																																																																																							
# 46	Male 100 Fly	1:02.30Y																																																																																																																																																																																																																																																																																																																							
# 54	Male 100 Free	57.70Y																																																																																																																																																																																																																																																																																																																							
# 58	Male 200 Breast	2:39.45Y																																																																																																																																																																																																																																																																																																																							
# 98	Male 200 Free	2:03.18Y																																																																																																																																																																																																																																																																																																																							
# 106	Male 100 Breast	1:13.20Y																																																																																																																																																																																																																																																																																																																							
<b>Taylor Nichols (15)</b>																																																																																																																																																																																																																																																																																																																									
# 8	Male 50 Free	23.63Y																																																																																																																																																																																																																																																																																																																							
# 12	Male 100 Back	55.95Y																																																																																																																																																																																																																																																																																																																							
# 50	Male 200 Back	1:59.31Y																																																																																																																																																																																																																																																																																																																							
# 54	Male 100 Free	51.07Y																																																																																																																																																																																																																																																																																																																							
# 98	Male 200 Free	1:52.63Y																																																																																																																																																																																																																																																																																																																							
<b>Troy Nichols (17)</b>																																																																																																																																																																																																																																																																																																																									
# 8	Male 50 Free	22.73Y																																																																																																																																																																																																																																																																																																																							
# 12	Male 100 Back	54.84Y																																																																																																																																																																																																																																																																																																																							
# 54	Male 100 Free	47.79Y																																																																																																																																																																																																																																																																																																																							
# 98	Male 200 Free	1:43.32Y																																																																																																																																																																																																																																																																																																																							
# 106	Male 100 Breast	1:01.88Y																																																																																																																																																																																																																																																																																																																							
<b>Benjamin Olson (13)</b>																																																																																																																																																																																																																																																																																																																									
# 2	Male 13-14 200 IM	2:28.41Y																																																																																																																																																																																																																																																																																																																							
# 10	Male 13-14 100 Back	1:10.69Y																																																																																																																																																																																																																																																																																																																							
# 44	Male 13-14 100 Fly	1:10.55Y																																																																																																																																																																																																																																																																																																																							
# 48	Male 13-14 200 Back	2:32.54Y																																																																																																																																																																																																																																																																																																																							
# 52	Male 13-14 100 Free	1:01.42Y																																																																																																																																																																																																																																																																																																																							
# 96	Male 13-14 200 Free	2:14.43Y																																																																																																																																																																																																																																																																																																																							
<b>Timothy Rappold (18)</b>																																																																																																																																																																																																																																																																																																																									
# 4	Male 200 IM	1:59.35Y																																																																																																																																																																																																																																																																																																																							
# 50	Male 200 Back	2:03.13Y																																																																																																																																																																																																																																																																																																																							
# 58	Male 200 Breast	2:09.24Y																																																																																																																																																																																																																																																																																																																							
# 106	Male 100 Breast	1:00.43Y																																																																																																																																																																																																																																																																																																																							
<b>Gregory Romanov (17)</b>																																																																																																																																																																																																																																																																																																																									
# 4	Male 200 IM	2:04.91Y																																																																																																																																																																																																																																																																																																																							

## Adirondack Swimming

---

### Individual Meet Entries Report

**AD Gold Short Course Championships 19-Mar-10 to 21-Mar-10 Yards**  
**Schenectady Swim Club [SCHE-AD] Coach: Jerome Adams**

<b>MALE</b>
-------------

# 20	Male 500 Free	4:43.35Y	# 124	Male 9-10 50 Back	37.97Y
# 54	Male 100 Free	50.53Y	# 130	Male 9-10 100 Breast	1:39.58Y
# 58	Male 200 Breast	2:27.83Y			
# 98	Male 200 Free	1:45.95Y			
# 102	Male 200 Fly	2:04.74Y			
<b>Robert Rowledge (14)</b>					
# 2	Male 13-14 200 IM	2:12.76Y			
# 10	Male 13-14 100 Back	1:03.56Y			
# 18	Male 13-14 500 Free	5:11.60Y			
# 44	Male 13-14 100 Fly	59.33Y			
# 56	Male 13-14 200 Breast	2:31.59Y			
# 64	Male 13-14 400 IM	4:36.18Y			
# 96	Male 13-14 200 Free	2:00.18Y			
# 104	Male 13-14 100 Breast	1:13.71Y			
# 112	Male 13-14 1650 Free	17:56.78Y			
<b>Dylan Sharkey (16)</b>					
# 4	Male 200 IM	2:05.39Y			
# 8	Male 50 Free	24.11Y			
# 12	Male 100 Back	58.39Y			
# 54	Male 100 Free	51.80Y			
# 58	Male 200 Breast	2:25.04Y			
# 66	Male 400 IM	4:28.34Y			
# 98	Male 200 Free	1:52.66Y			
# 106	Male 100 Breast	1:06.24Y			
<b>Liam Sharkey (17)</b>					
# 4	Male 200 IM	2:17.56Y			
# 8	Male 50 Free	24.05Y			
# 12	Male 100 Back	59.95Y			
# 46	Male 100 Fly	1:05.62Y			
# 50	Male 200 Back	2:08.92Y			
# 54	Male 100 Free	54.01Y			
# 98	Male 200 Free	1:58.45Y			
# 102	Male 200 Fly	2:15.10Y			
<b>Ryan Sharkey (13)</b>					
# 2	Male 13-14 200 IM	2:07.96Y			
# 6	Male 13-14 50 Free	24.75Y			
# 10	Male 13-14 100 Back	59.55Y			
# 48	Male 13-14 200 Back	2:06.51Y			
# 52	Male 13-14 100 Free	53.32Y			
# 56	Male 13-14 200 Breast	2:27.98Y			
# 96	Male 13-14 200 Free	1:54.44Y			
# 100	Male 13-14 200 Fly	2:08.77Y			
# 104	Male 13-14 100 Breast	1:13.96Y			
<b>Nicholas Sinnenberg (11)</b>					
# 128	Male 11-12 50 Fly	38.30Y			
<b>Izaias Smith (10)</b>					
# 28	Male 9-10 50 Free	31.34Y			
# 32	Male 9-10 100 Back	1:30.42Y			
# 76	Male 9-10 100 IM	1:20.33Y			
# 82	Male 9-10 50 Breast	44.65Y			
# 88	Male 9-10 50 Fly	34.41Y			
# 118	Male 9-10 100 Free	1:13.69Y			

**Adirondack Swimming**

---

**Individual Meet Entries Report**

**AD Gold Short Course Championships 19-Mar-10 to 21-Mar-10 Yards**  
**Schenectady Swim Club [SCHE-AD] Coach: Jerome Adams**

<b>Female IE's:</b>	<b>406</b>
<b>Male IE's:</b>	<b>224</b>
<hr/>	
<b>Total IE's:</b>	<b>630</b>
<b>Total Athletes:</b>	<b>101</b>