

## Adirondack Swimming

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### Individual Top Times

Times since: 01-Oct-09

Schenectady Swim Club [SCHE-AD] Coach: Jerome Adams

Show Yards Only

Time	P/F/S	Event
<b>Brooke Adams (15) F</b>		
28.19 Y	BB F	50 Free 2/6/2010 Delmar Dolphins February Freeze Invitational
1:00.78 Y L	A F	100 Free 3/19/2010 AD Gold Short Course Championships
2:09.50 Y	A P	200 Free 3/19/2010 AD Gold Short Course Championships
5:48.78 Y	BB F	500 Free 10/25/2009 Trick or Treat Meet
1:10.19 Y	BB F	100 Back 11/21/2009 Harvest Invitational 2009
2:26.23 Y	BB F	200 Back 1/16/2010 Chris Goody IMX Challenge
1:35.17 Y	F	100 Breast 2/20/2010 Cabin Fever Invitational 2010
2:59.05 Y	B F	200 Breast 1/16/2010 Chris Goody IMX Challenge
1:07.17 Y	BB F	100 Fly 1/8/2010 2010 Starfish Trophy Invitational
2:32.11 Y	BB P	200 Fly 3/19/2010 AD Gold Short Course Championships
2:26.34 Y	A P	200 IM 3/19/2010 AD Gold Short Course Championships
5:15.88 Y	BB F	400 IM 1/16/2010 Chris Goody IMX Challenge
<b>Victoria Allen (15) F (Yr: sp)</b>		
26.94 Y	A P	50 Free 3/19/2010 AD Gold Short Course Championships
1:00.82 Y	BB F	100 Free 3/5/2010 AD Silver Short Course Championships
2:13.55 Y	BB F	200 Free 2/6/2010 Delmar Dolphins February Freeze Invitational
6:05.02 Y	BB F	500 Free 3/5/2010 AD Silver Short Course Championships
1:08.31 Y	BB P	100 Back 3/19/2010 AD Gold Short Course Championships
2:26.35 Y	BB P	200 Back 3/19/2010 AD Gold Short Course Championships
1:24.90 Y	B F	100 Breast 3/5/2010 AD Silver Short Course Championships
1:12.02 Y	B F	100 Fly 3/5/2010 AD Silver Short Course Championships
2:34.24 Y	BB F	200 IM 3/5/2010 AD Silver Short Course Championships
<b>Kelsey Barbour (17) F (Yr: s/)</b>		
25.66 Y	AA P	50 Free 3/19/2010 AD Gold Short Course Championships
56.29 Y	AA P	100 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
2:02.79 Y	AA P	200 Free 3/19/2010 AD Gold Short Course Championships
5:33.16 Y	A F	500 Free 1/16/2010 Chris Goody IMX Challenge
2:26.50 Y	BB F	200 Back 1/16/2010 Chris Goody IMX Challenge
32.58 Y	F	50 Breast 12/5/2009 December2009supersplash
1:05.43 Y	AAAA P	100 Breast 12/10/2009 2009 Speedo Short Course Junior Nationals
2:23.59 Y	AAA F	200 Breast 3/19/2010 AD Gold Short Course Championships
28.80 Y	F	50 Fly 12/5/2009 December2009supersplash
1:01.07 Y	AA T	100 Fly 12/10/2009 2009 Speedo Short Course Junior Nationals TT
2:26.84 Y	BB F	200 Fly 1/16/2010 Chris Goody IMX Challenge
2:13.54 Y	AA P	200 IM 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
4:54.37 Y	AA F	400 IM 1/16/2010 Chris Goody IMX Challenge
<b>Michael Barno (17) M (Yr: s/)</b>		
22.06 Y	AAA P	50 Free 3/19/2010 AD Gold Short Course Championships
47.89 Y	AAA P	100 Free 12/10/2009 2009 Speedo Short Course Junior Nationals
1:45.47 Y	AAA F	200 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
4:53.65 Y	AA F	500 Free 1/16/2010 Chris Goody IMX Challenge
57.25 Y	A P	100 Back 3/19/2010 AD Gold Short Course Championships
2:16.89 Y	BB F	200 Back 1/16/2010 Chris Goody IMX Challenge
2:41.26 Y	B F	200 Breast 1/16/2010 Chris Goody IMX Challenge
53.22 Y	AAA F	100 Fly 3/19/2010 AD Gold Short Course Championships
2:05.36 Y	A F	200 Fly 1/16/2010 Chris Goody IMX Challenge
2:19.53 Y	BB F	200 IM 1/16/2010 Chris Goody IMX Challenge
4:29.17 Y	AA F	400 IM 1/16/2010 Chris Goody IMX Challenge
<b>Noah Berliner (16) M (Yr: sp)</b>		
27.28 Y	BB F	50 Free 3/5/2010 AD Silver Short Course Championships
1:00.93 Y	B F	100 Free 3/5/2010 AD Silver Short Course Championships
2:22.93 Y	F	200 Free 2/20/2010 Cabin Fever Invitational 2010
1:14.75 Y	F	100 Back 3/5/2010 AD Silver Short Course Championships
2:44.67 Y	F	200 Back 1/16/2010 Chris Goody IMX Challenge

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Time	P/F/S	Event			
<b>Noah Berliner (16) M (Yr: sp)</b>					
1:14.00	Y BB F	100 Breast	3/5/2010	AD Silver Short Course Championships	
2:39.06	Y BB F	200 Breast	3/5/2010	AD Silver Short Course Championships	
1:17.83	Y F F	100 Fly	3/5/2010	AD Silver Short Course Championships	
2:36.62	Y B F	200 IM	3/5/2010	AD Silver Short Course Championships	
<b>Amy Bopp (15) F (Yr: s/)</b>					
26.83	Y AA F	50 Free	12/5/2009	December2009supersplash	
56.94	Y L AA F	100 Free	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
1:57.70	Y AAA P	200 Free	3/19/2010	AD Gold Short Course Championships	
5:08.29	Y AAA F	500 Free	3/19/2010	AD Gold Short Course Championships	
10:43.19	Y AAA F	1000 Free	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
2:15.22	Y AA F	200 Back	3/19/2010	AD Gold Short Course Championships	
32.55	Y F F	50 Breast	12/5/2009	December2009supersplash	
1:05.09	Y AAAA P	100 Breast	12/10/2009	2009 Speedo Short Course Junior Nationals	
2:20.72	Y AAAA P	200 Breast	12/10/2009	2009 Speedo Short Course Junior Nationals	
57.59	Y AAAA P	100 Fly	12/10/2009	2009 Speedo Short Course Junior Nationals	
2:07.33	Y AAA F	200 Fly	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
2:08.88	Y AAA P	200 IM	3/19/2010	AD Gold Short Course Championships	
4:32.00	Y AAA T	400 IM	12/10/2009	2009 Speedo Short Course Junior Nationals TT	
<b>Briana Borgolini (18) F (Yr: s/)</b>					
26.83	Y A P	50 Free	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
5:46.74	Y BB F	500 Free	1/16/2010	Chris Goody IMX Challenge	
2:30.60	Y BB F	200 Back	1/16/2010	Chris Goody IMX Challenge	
1:07.74	Y AAA F	100 Breast	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
2:23.47	Y AAA F	200 Breast	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
1:04.90	Y A P	100 Fly	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
2:23.33	Y BB F	200 Fly	1/16/2010	Chris Goody IMX Challenge	
2:21.98	Y A P	200 IM	3/19/2010	AD Gold Short Course Championships	
5:02.13	Y A F	400 IM	1/16/2010	Chris Goody IMX Challenge	
<b>Shayne Buckley (17) M (Yr: s/)</b>					
23.31	Y L AA F	50 Free	3/19/2010	AD Gold Short Course Championships	
52.66	Y A P	100 Free	12/10/2009	MIT Invitational 2009	
1:45.27	Y AAA F	200 Free	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
4:46.41	Y AAA F	500 Free	12/10/2009	MIT Invitational 2009	
56.93	Y A F	100 Back	3/19/2010	AD Gold Short Course Championships	
1:58.36	Y AA F	200 Back	12/10/2009	MIT Invitational 2009	
1:02.03	Y AA F	100 Breast	3/19/2010	AD Gold Short Course Championships	
2:18.30	Y AA F	200 Breast	1/16/2010	Chris Goody IMX Challenge	
56.14	Y AA F	100 Fly	10/25/2009	Trick or Treat Meet	
1:55.34	Y AAA F	200 Fly	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
1:56.48	Y AAA F	200 IM	3/19/2010	AD Gold Short Course Championships	
4:09.11	Y AAA F	400 IM	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
<b>Nolan Caron (17) M (Yr: s/)</b>					
24.68	Y L BB F	50 Free	3/19/2010	AD Gold Short Course Championships	
54.53	Y BB P	100 Free	12/10/2009	MIT Invitational 2009	
1:55.71	Y A P	200 Free	12/10/2009	MIT Invitational 2009	
5:07.52	Y A P	500 Free	12/10/2009	MIT Invitational 2009	
10:36.50	Y A F	1000 Free	12/10/2009	MIT Invitational 2009	
17:55.98	Y A F	1650 Free	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
59.24	Y BB P	100 Back	3/19/2010	AD Gold Short Course Championships	
2:03.11	Y AA F	200 Back	3/19/2010	AD Gold Short Course Championships	
1:09.56	Y BB P	100 Breast	12/10/2009	MIT Invitational 2009	
2:41.09	Y B F	200 Breast	1/16/2010	Chris Goody IMX Challenge	
2:36.08	Y F F	200 Fly	1/16/2010	Chris Goody IMX Challenge	
2:09.38	Y A P	200 IM	3/19/2010	AD Gold Short Course Championships	
4:30.57	Y AA F	400 IM	3/19/2010	AD Gold Short Course Championships	

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Time	P/F/S	Event
<b>Katharine Dartt (16) F (Yr: sp)</b>		
31.41 Y	B F	50 Free 1/8/2010 2010 Starfish Trophy Invitational
1:08.34 Y	B F	100 Free 3/5/2010 AD Silver Short Course Championships
2:27.67 Y	B F	200 Free 3/5/2010 AD Silver Short Course Championships
6:37.16 Y	B F	500 Free 1/16/2010 Chris Goody IMX Challenge
1:20.22 Y	F	100 Back 3/5/2010 AD Silver Short Course Championships
2:50.12 Y	F	200 Back 3/5/2010 AD Silver Short Course Championships
1:24.56 Y	B P	100 Breast 3/19/2010 AD Gold Short Course Championships
2:59.67 Y	B F	200 Breast 3/5/2010 AD Silver Short Course Championships
1:17.66 Y	F	100 Fly 2/6/2010 Delmar Dolphins February Freeze Invitational
2:53.67 Y	F	200 Fly 3/5/2010 AD Silver Short Course Championships
2:43.57 Y	B F	200 IM 3/5/2010 AD Silver Short Course Championships
5:42.43 Y	B F	400 IM 3/5/2010 AD Silver Short Course Championships
<b>Alyssa DiFabio (18) F (Yr: s/)</b>		
2:05.30 Y	A P	200 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
5:21.62 Y	AA F	500 Free 3/19/2010 AD Gold Short Course Championships
11:00.18 Y	AA F	1000 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
18:24.11 Y	AA F	1650 Free 3/19/2010 AD Gold Short Course Championships
2:29.14 Y	BB F	200 Back 1/16/2010 Chris Goody IMX Challenge
1:15.12 Y	A P	100 Breast 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
2:33.89 Y	AA F	200 Breast 3/19/2010 AD Gold Short Course Championships
2:33.02 Y	BB F	200 Fly 1/16/2010 Chris Goody IMX Challenge
2:27.33 Y	BB F	200 IM 11/6/2009 2009 NBAC Fall FASTival
4:59.39 Y	A F	400 IM 1/16/2010 Chris Goody IMX Challenge
<b>Courtney Duchesne (18) F (Yr: s/)</b>		
27.51 Y	A P	50 Free 3/19/2010 AD Gold Short Course Championships
1:01.27 Y	BB P	100 Free 12/10/2009 MIT Invitational 2009
2:11.96 Y	BB P	200 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
1:10.13 Y	BB P	100 Back 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
1:10.99 Y	AA F	100 Breast 3/19/2010 AD Gold Short Course Championships
2:32.45 Y	AA P	200 Breast 3/19/2010 AD Gold Short Course Championships
2:21.31 Y	A P	200 IM 3/19/2010 AD Gold Short Course Championships
5:07.45 Y	A F	400 IM 3/19/2010 AD Gold Short Course Championships
<b>Joshua Gaze (15) M (Yr: sp)</b>		
31.71 Y	F	50 Free 3/5/2010 AD Silver Short Course Championships
1:12.26 Y	F	100 Free 3/5/2010 AD Silver Short Course Championships
2:52.74 Y	F	200 Free 2/20/2010 Cabin Fever Invitational 2010
43.41 Y	F	50 Back 12/5/2009 December2009supersplash
1:24.76 Y	F	100 Back 1/8/2010 2010 Starfish Trophy Invitational
1:51.09 Y	F	100 Breast 3/5/2010 AD Silver Short Course Championships
39.75 Y	F	50 Fly 12/5/2009 December2009supersplash
3:21.41 Y	F	200 IM 3/5/2010 AD Silver Short Course Championships
<b>Michael Henze (16) M</b>		
23.10 Y	AAA F	50 Free 3/19/2010 AD Gold Short Course Championships
49.91 Y	AAA P	100 Free 3/19/2010 AD Gold Short Course Championships
58.10 Y	AA F	100 Back 10/25/2009 Trick or Treat Meet
2:07.12 Y	A F	200 Back 1/16/2010 Chris Goody IMX Challenge
1:07.92 Y	A F	100 Breast 3/19/2010 AD Gold Short Course Championships
2:25.82 Y	A F	200 Breast 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
54.07 Y	AAA F	100 Fly 3/19/2010 AD Gold Short Course Championships
2:08.25 Y	A F	200 Fly 1/16/2010 Chris Goody IMX Challenge
2:04.21 Y	AA F	200 IM 3/19/2010 AD Gold Short Course Championships
4:31.94 Y	AA F	400 IM 11/6/2009 2009 NBAC Fall FASTival
<b>Emily Hoskinson (18) F</b>		
27.35 Y	A P	50 Free 12/10/2009 MIT Invitational 2009
59.08 Y	A P	100 Free 3/19/2010 AD Gold Short Course Championships

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Times since: 01-Oct-09

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Time	P/F/S	Event
<b>Emily Hoskinson (18) F</b>		
2:04.50 Y	A P	200 Free 3/19/2010 AD Gold Short Course Championships
5:32.16 Y	A F	500 Free 3/19/2010 AD Gold Short Course Championships
11:27.79 Y	A F	1000 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
1:02.18 Y L	AA F	100 Back 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
2:13.85 Y	AA P	200 Back 3/19/2010 AD Gold Short Course Championships
4:56.32 Y	AA P	400 IM 12/10/2009 MIT Invitational 2009
<b>Margaret Jordan (15) F (Yr: s/)</b>		
23.93 Y	AAAA T	50 Free 12/10/2009 2009 Speedo Short Course Junior Nationals TT
53.08 Y	AAAA T	100 Free 12/10/2009 2009 Speedo Short Course Junior Nationals TT
2:04.61 Y	AA P	200 Free 3/19/2010 AD Gold Short Course Championships
5:19.32 Y	AA F	500 Free 3/19/2010 AD Gold Short Course Championships
27.35 Y L	A P	50 Back 12/10/2009 2009 Speedo Short Course Junior Nationals
58.32 Y L	AAA F	100 Back 12/10/2009 2009 Speedo Short Course Junior Nationals
2:18.62 Y	A F	200 Back 11/6/2009 2009 NBAC Fall FASTival
2:49.28 Y	BB F	200 Breast 1/16/2010 Chris Goody IMX Challenge
26.20 Y	A F	50 Fly 12/5/2009 December2009supersplash
55.95 Y	AAAA P	100 Fly 12/10/2009 2009 Speedo Short Course Junior Nationals
2:09.38 Y	AAA F	200 Fly 3/19/2010 AD Gold Short Course Championships
2:19.79 Y	AA F	200 IM 1/16/2010 Chris Goody IMX Challenge
4:46.04 Y	AA F	400 IM 11/6/2009 2009 NBAC Fall FASTival
<b>Brandon Keating (16) M</b>		
23.60 Y	AA P	50 Free 3/19/2010 AD Gold Short Course Championships
51.19 Y	AA F	100 Free 3/19/2010 AD Gold Short Course Championships
1:53.52 Y	AA F	200 Free 3/19/2010 AD Gold Short Course Championships
6:13.95 Y	B F	500 Free 11/21/2009 Harvest Invitational 2009
1:03.25 Y	BB P	100 Back 3/19/2010 AD Gold Short Course Championships
1:09.32 Y	BB F	100 Breast 1/31/2010 Thoroughbred Splash 2010
1:07.09 Y	B F	100 Fly 11/21/2009 Harvest Invitational 2009
2:11.94 Y	A P	200 IM 3/19/2010 AD Gold Short Course Championships
<b>Deborah Korzun (18) F (Yr: s/)</b>		
26.30 Y	AA P	50 Free 3/19/2010 AD Gold Short Course Championships
57.29 Y	AA P	100 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
2:04.27 Y L	A F	200 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
5:29.99 Y	AA F	500 Free 3/19/2010 AD Gold Short Course Championships
11:20.82 Y	AA F	1000 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
18:51.08 Y	AA F	1650 Free 3/19/2010 AD Gold Short Course Championships
1:07.63 Y	BB P	100 Back 3/19/2010 AD Gold Short Course Championships
2:24.79 Y	BB P	200 Back 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
2:52.87 Y	BB F	200 Breast 1/16/2010 Chris Goody IMX Challenge
2:42.47 Y	B F	200 Fly 1/16/2010 Chris Goody IMX Challenge
2:31.42 Y	BB F	200 IM 1/16/2010 Chris Goody IMX Challenge
5:06.26 Y	A P	400 IM 12/10/2009 MIT Invitational 2009
<b>Kelly Ludeke (16) F (Yr: s/)</b>		
26.39 Y	AA F	50 Free 10/25/2009 Trick or Treat Meet
57.76 Y	AA P	100 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
2:06.73 Y	A P	200 Free 12/10/2009 MIT Invitational 2009
5:34.78 Y	A F	500 Free 1/16/2010 Chris Goody IMX Challenge
2:28.01 Y	BB P	200 Back 3/19/2010 AD Gold Short Course Championships
1:13.74 Y	A P	100 Breast 12/10/2009 MIT Invitational 2009
2:40.61 Y	A F	200 Breast 3/19/2010 AD Gold Short Course Championships
1:10.91 Y	BB F	100 Fly 1/8/2010 2010 Starfish Trophy Invitational
2:42.46 Y	B F	200 Fly 1/16/2010 Chris Goody IMX Challenge
2:25.03 Y	A P	200 IM 12/10/2009 MIT Invitational 2009
5:05.08 Y	A P	400 IM 12/10/2009 MIT Invitational 2009
<b>Laura Manor (18) F (Yr: s/)</b>		

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Time	P/F/S	Event
<b>Laura Manor (18) F (Yr: s/)</b>		
26.49 Y L AA F	50 Free	3/19/2010 AD Gold Short Course Championships
5:30.10 Y AA F	500 Free	1/16/2010 Chris Goody IMX Challenge
1:02.22 Y AA F	100 Back	3/19/2010 AD Gold Short Course Championships
2:12.09 Y AA P	200 Back	3/19/2010 AD Gold Short Course Championships
1:13.20 Y A P	100 Breast	12/10/2009 MIT Invitational 2009
2:29.44 Y AA F	200 Breast	12/10/2009 MIT Invitational 2009
1:00.57 Y AA F	100 Fly	3/19/2010 AD Gold Short Course Championships
2:10.35 Y AAA F	200 Fly	3/19/2010 AD Gold Short Course Championships
2:09.63 Y AAA F	200 IM	12/10/2009 MIT Invitational 2009
4:35.36 Y AAA F	400 IM	12/10/2009 MIT Invitational 2009
<b>Gregory Mattice (16) M (Yr: s/)</b>		
27.65 Y B F	50 Free	3/5/2010 AD Silver Short Course Championships
59.07 Y BB F	100 Free	3/5/2010 AD Silver Short Course Championships
2:10.29 Y B F	200 Free	3/5/2010 AD Silver Short Course Championships
1:09.34 Y B F	100 Back	2/20/2010 Cabin Fever Invitational 2010
1:13.12 Y BB P	100 Breast	3/19/2010 AD Gold Short Course Championships
2:45.79 Y B F	200 Breast	3/5/2010 AD Silver Short Course Championships
1:08.77 Y B F	100 Fly	3/5/2010 AD Silver Short Course Championships
2:22.13 Y BB P	200 IM	3/19/2010 AD Gold Short Course Championships
<b>Morgan McCann (15) F</b>		
30.37 Y BB F	50 Free	3/5/2010 AD Silver Short Course Championships
1:06.00 Y B F	100 Free	3/5/2010 AD Silver Short Course Championships
2:25.53 Y B F	200 Free	3/5/2010 AD Silver Short Course Championships
37.16 Y L F	50 Back	3/5/2010 AD Silver Short Course Championships
1:17.45 Y B F	100 Back	3/5/2010 AD Silver Short Course Championships
2:45.15 Y B F	200 Back	11/15/2009 Pilgrims Pride
1:36.37 Y F	100 Breast	11/15/2009 Pilgrims Pride
3:27.95 Y F	200 Breast	3/5/2010 AD Silver Short Course Championships
1:16.14 Y B F	100 Fly	3/5/2010 AD Silver Short Course Championships
2:47.71 Y B F	200 IM	3/5/2010 AD Silver Short Course Championships
5:57.96 Y B F	400 IM	3/5/2010 AD Silver Short Course Championships
<b>Evan Melby (15) M (Yr: sp)</b>		
25.51 Y BB F	50 Free	3/5/2010 AD Silver Short Course Championships
53.82 Y A P	100 Free	3/19/2010 AD Gold Short Course Championships
1:57.46 Y A P	200 Free	3/19/2010 AD Gold Short Course Championships
5:37.01 Y BB F	500 Free	3/5/2010 AD Silver Short Course Championships
2:30.48 Y B F	200 Back	1/16/2010 Chris Goody IMX Challenge
1:09.45 Y BB P	100 Breast	3/19/2010 AD Gold Short Course Championships
2:31.87 Y BB P	200 Breast	3/19/2010 AD Gold Short Course Championships
1:02.30 Y BB F	100 Fly	3/5/2010 AD Silver Short Course Championships
2:27.78 Y B F	200 Fly	1/16/2010 Chris Goody IMX Challenge
2:17.19 Y BB F	200 IM	1/16/2010 Chris Goody IMX Challenge
4:54.63 Y BB F	400 IM	3/5/2010 AD Silver Short Course Championships
<b>Nazanin Moeini Feizabadi (15) F (Yr: s/)</b>		
30.72 Y B F	50 Free	3/5/2010 AD Silver Short Course Championships
1:06.55 Y B F	100 Free	3/5/2010 AD Silver Short Course Championships
2:29.08 Y B F	200 Free	3/5/2010 AD Silver Short Course Championships
6:59.69 Y F	500 Free	1/16/2010 Chris Goody IMX Challenge
1:18.79 Y F	100 Back	11/15/2009 Pilgrims Pride
2:49.98 Y F	200 Back	11/15/2009 Pilgrims Pride
1:35.10 Y F	100 Breast	10/25/2009 Trick or Treat Meet
1:18.97 Y F	100 Fly	11/15/2009 Pilgrims Pride
3:12.13 Y F	200 Fly	12/5/2009 December2009supersplash
2:54.82 Y F	200 IM	3/5/2010 AD Silver Short Course Championships
6:12.21 Y F	400 IM	3/5/2010 AD Silver Short Course Championships

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Times since: 01-Oct-09

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Time	P/F/S	Event
<b>Alexis Mone (16) F (Yr: sp)</b>		
28.78 Y	BB P	50 Free 3/19/2010 AD Gold Short Course Championships
1:03.11 Y	BB P	100 Free 3/19/2010 AD Gold Short Course Championships
5:55.01 Y	BB F	500 Free 3/5/2010 AD Silver Short Course Championships
1:11.11 Y	BB F	100 Back 2/20/2010 Cabin Fever Invitational 2010
2:26.43 Y	BB P	200 Back 3/19/2010 AD Gold Short Course Championships
1:25.74 Y	B F	100 Breast 2/20/2010 Cabin Fever Invitational 2010
2:58.58 Y	B F	200 Breast 1/16/2010 Chris Goody IMX Challenge
1:08.00 Y	BB F	100 Fly 3/5/2010 AD Silver Short Course Championships
2:28.72 Y	BB F	200 Fly 3/19/2010 AD Gold Short Course Championships
2:28.70 Y	BB P	200 IM 3/19/2010 AD Gold Short Course Championships
5:12.66 Y	BB F	400 IM 1/16/2010 Chris Goody IMX Challenge
<b>Taylor Nichols (15) M</b>		
23.56 Y	AA P	50 Free 3/19/2010 AD Gold Short Course Championships
52.14 Y	AA P	100 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
1:53.06 Y	AA F	200 Free 3/19/2010 AD Gold Short Course Championships
5:07.52 Y	AA F	500 Free 1/16/2010 Chris Goody IMX Challenge
56.97 Y	AA F	100 Back 3/19/2010 AD Gold Short Course Championships
2:01.69 Y	AA F	200 Back 3/19/2010 AD Gold Short Course Championships
2:09.11 Y	AA P	200 IM 12/10/2009 MIT Invitational 2009
4:33.26 Y	AA F	400 IM 11/6/2009 2009 NBAC Fall FASTival
<b>Troy Nichols (17) M (Yr: s/)</b>		
22.31 Y L	AAA F	50 Free 3/19/2010 AD Gold Short Course Championships
47.79 Y L	AAA F	100 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
1:44.06 Y	AAA F	200 Free 3/19/2010 AD Gold Short Course Championships
4:43.59 Y	AAA F	500 Free 12/10/2009 MIT Invitational 2009
10:02.81 Y	AAA F	1000 Free 12/10/2009 MIT Invitational 2009
54.49 Y	AA F	100 Back 3/19/2010 AD Gold Short Course Championships
1:56.74 Y	AAA F	200 Back 11/6/2009 2009 NBAC Fall FASTival
1:03.42 Y	AA P	100 Breast 3/19/2010 AD Gold Short Course Championships
2:23.29 Y	A F	200 Breast 1/16/2010 Chris Goody IMX Challenge
2:06.70 Y	A F	200 Fly 1/16/2010 Chris Goody IMX Challenge
1:58.17 Y	AAA F	200 IM 12/10/2009 MIT Invitational 2009
4:14.57 Y	AAA F	400 IM 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
<b>Timothy Rappold (18) M (Yr: s/)</b>		
1:56.16 Y	A P	200 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
5:06.20 Y	A F	500 Free 1/16/2010 Chris Goody IMX Challenge
10:23.98 Y	AA F	1000 Free 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
29.66 Y	F	50 Back 12/5/2009 December2009supersplash
1:00.76 Y	BB P	100 Back 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
2:04.41 Y	A F	200 Back 3/19/2010 AD Gold Short Course Championships
31.02 Y	F	50 Breast 12/5/2009 December2009supersplash
1:00.43 Y	AAA P	100 Breast 12/10/2009 2009 Speedo Short Course Junior Nationals
2:10.18 Y	AAA P	200 Breast 12/10/2009 2009 Speedo Short Course Junior Nationals
2:22.68 Y	B F	200 Fly 1/16/2010 Chris Goody IMX Challenge
2:00.84 Y	AA F	200 IM 3/19/2010 AD Gold Short Course Championships
4:10.52 Y	AAA T	400 IM 12/10/2009 2009 Speedo Short Course Junior Nationals TT
<b>Gregory Romanov (17) M (Yr: s/)</b>		
23.78 Y	A P	50 Free 12/10/2009 MIT Invitational 2009
50.53 Y L	AA F	100 Free 12/10/2009 MIT Invitational 2009
1:46.97 Y	AAA P	200 Free 12/10/2009 MIT Invitational 2009
4:47.78 Y	AAA F	500 Free 1/16/2010 Chris Goody IMX Challenge
9:43.81 Y	AAA F	1000 Free 12/10/2009 MIT Invitational 2009
16:14.40 Y	AAA F	1650 Free 12/10/2009 MIT Invitational 2009
59.82 Y	BB P	100 Back 2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
2:03.31 Y	AA P	200 Back 12/10/2009 MIT Invitational 2009

## Adirondack Swimming

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### Individual Top Times

Times since: 01-Oct-09

Show Yards Only

Time	P/F/S	Event			
<b>Gregory Romanov (17) M (Yr: s/)</b>					
1:07.47 Y	A F	100 Breast	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
2:27.13 Y	BB F	200 Breast	3/19/2010	AD Gold Short Course Championships	
57.74 Y	A P	100 Fly	12/10/2009	MIT Invitational 2009	
2:05.77 Y	A F	200 Fly	3/19/2010	AD Gold Short Course Championships	
2:04.17 Y	AA F	200 IM	3/19/2010	AD Gold Short Course Championships	
4:18.99 Y	AA P	400 IM	12/10/2009	MIT Invitational 2009	
<b>Katherine Romanov (15) F (Yr: s/)</b>					
27.61 Y	A P	50 Free	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
59.00 Y	A P	100 Free	3/19/2010	AD Gold Short Course Championships	
2:07.72 Y	A P	200 Free	12/10/2009	MIT Invitational 2009	
5:32.68 Y	AA F	500 Free	3/19/2010	AD Gold Short Course Championships	
11:23.89 Y	AA F	1000 Free	12/10/2009	MIT Invitational 2009	
19:05.38 Y	AA F	1650 Free	12/10/2009	MIT Invitational 2009	
1:08.57 Y L	BB F	100 Back	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
2:28.36 Y	BB F	200 Back	1/16/2010	Chris Goody IMX Challenge	
2:50.03 Y	BB F	200 Breast	1/16/2010	Chris Goody IMX Challenge	
1:10.57 Y	BB F	100 Fly	10/25/2009	Trick or Treat Meet	
2:37.30 Y	B F	200 Fly	1/16/2010	Chris Goody IMX Challenge	
2:25.65 Y	A F	200 IM	1/16/2010	Chris Goody IMX Challenge	
5:07.10 Y	A F	400 IM	11/6/2009	2009 NBAC Fall FASTival	
<b>Kathryn Rowe (16) F (Yr: s/)</b>					
26.07 Y	AA P	50 Free	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
53.97 Y	AAA F	100 Free	3/19/2010	AD Gold Short Course Championships	
1:55.91 Y	AAA F	200 Free	3/19/2010	AD Gold Short Course Championships	
5:05.48 Y	AAA F	500 Free	3/19/2010	AD Gold Short Course Championships	
10:34.24 Y	AAA F	1000 Free	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
59.02 Y	AAA P	100 Back	12/10/2009	2009 Speedo Short Course Junior Nationals	
2:06.38 Y	AAA T	200 Back	12/10/2009	2009 Speedo Short Course Junior Nationals TT	
2:41.20 Y	A F	200 Breast	1/16/2010	Chris Goody IMX Challenge	
58.44 Y	AAA P	100 Fly	12/10/2009	2009 Speedo Short Course Junior Nationals	
2:05.63 Y	AAAA T	200 Fly	12/10/2009	2009 Speedo Short Course Junior Nationals TT	
2:10.16 Y	AAA F	200 IM	3/19/2010	AD Gold Short Course Championships	
4:42.61 Y	AAA F	400 IM	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
<b>Nicole Sauter (17) F (Yr: s/)</b>					
29.04 Y	BB F	50 Free	3/5/2010	AD Silver Short Course Championships	
1:02.73 Y	BB F	100 Free	3/5/2010	AD Silver Short Course Championships	
2:14.60 Y	BB F	200 Free	3/5/2010	AD Silver Short Course Championships	
5:52.38 Y	BB F	500 Free	3/5/2010	AD Silver Short Course Championships	
1:14.17 Y	B F	100 Back	3/5/2010	AD Silver Short Course Championships	
2:37.43 Y	B P	200 Back	3/19/2010	AD Gold Short Course Championships	
3:25.35 Y	F	200 Breast	1/16/2010	Chris Goody IMX Challenge	
1:24.53 Y	F	100 Fly	3/5/2010	AD Silver Short Course Championships	
3:07.53 Y	F	200 Fly	1/16/2010	Chris Goody IMX Challenge	
2:44.23 Y	B F	200 IM	3/5/2010	AD Silver Short Course Championships	
5:41.16 Y	B F	400 IM	1/16/2010	Chris Goody IMX Challenge	
<b>Dylan Sharkey (16) M (Yr: s/)</b>					
23.97 Y	AA P	50 Free	3/19/2010	AD Gold Short Course Championships	
51.32 Y	AA F	100 Free	3/19/2010	AD Gold Short Course Championships	
1:51.08 Y	AA F	200 Free	3/19/2010	AD Gold Short Course Championships	
5:04.14 Y	AA F	500 Free	1/16/2010	Chris Goody IMX Challenge	
58.39 Y	AA P	100 Back	2/12/2010	AD 2010 REGION 1 CHAMPIONSHIPS	
2:04.12 Y	AA F	200 Back	1/16/2010	Chris Goody IMX Challenge	
1:05.26 Y	AA F	100 Breast	3/19/2010	AD Gold Short Course Championships	
2:24.72 Y	A F	200 Breast	3/19/2010	AD Gold Short Course Championships	
2:09.23 Y	A F	200 Fly	1/16/2010	Chris Goody IMX Challenge	

## Adirondack Swimming

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### Individual Top Times

Times since: 01-Oct-09

Show Yards Only

Time	P/F/S	Event
<b>Dylan Sharkey (16) M (Yr: s/)</b>		
2:04.18 Y AA F	200 IM	3/19/2010 AD Gold Short Course Championships
4:28.34 Y AA P	400 IM	12/10/2009 MIT Invitational 2009
<b>Liam Sharkey (17) M (Yr: s/)</b>		
24.27 Y A P	50 Free	12/10/2009 MIT Invitational 2009
54.01 Y BB P	100 Free	2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
1:58.49 Y BB P	200 Free	3/19/2010 AD Gold Short Course Championships
5:23.46 Y BB F	500 Free	1/16/2010 Chris Goody IMX Challenge
1:00.20 Y BB F	100 Back	3/19/2010 AD Gold Short Course Championships
2:08.92 Y A P	200 Back	12/10/2009 MIT Invitational 2009
2:55.34 Y F	200 Breast	1/16/2010 Chris Goody IMX Challenge
58.93 Y BB F	100 Fly	3/19/2010 AD Gold Short Course Championships
2:12.73 Y BB F	200 Fly	3/19/2010 AD Gold Short Course Championships
2:15.12 Y BB P	200 IM	3/19/2010 AD Gold Short Course Championships
4:49.61 Y BB P	400 IM	12/10/2009 MIT Invitational 2009
<b>Sara Swett (15) F (Yr: s/)</b>		
27.33 Y A P	50 Free	12/10/2009 MIT Invitational 2009
56.87 Y AA P	100 Free	3/19/2010 AD Gold Short Course Championships
1:59.22 Y AAA P	200 Free	12/10/2009 MIT Invitational 2009
5:12.76 Y AAA F	500 Free	3/19/2010 AD Gold Short Course Championships
10:49.54 Y AAA F	1000 Free	2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
18:04.05 Y AAA F	1650 Free	3/19/2010 AD Gold Short Course Championships
1:14.74 Y B F	100 Back	10/25/2009 Trick or Treat Meet
2:28.14 Y BB F	200 Back	1/16/2010 Chris Goody IMX Challenge
2:44.39 Y BB F	200 Breast	1/16/2010 Chris Goody IMX Challenge
1:02.20 Y AA P	100 Fly	3/19/2010 AD Gold Short Course Championships
2:20.90 Y A F	200 Fly	3/19/2010 AD Gold Short Course Championships
2:22.23 Y A F	200 IM	1/16/2010 Chris Goody IMX Challenge
4:49.83 Y AA F	400 IM	3/19/2010 AD Gold Short Course Championships
<b>Lauren Zentko (15) F (Yr: s/)</b>		
1:00.32 Y L A F	100 Free	12/10/2009 MIT Invitational 2009
2:06.26 Y A P	200 Free	12/10/2009 MIT Invitational 2009
5:22.21 Y AA F	500 Free	1/16/2010 Chris Goody IMX Challenge
11:07.08 Y AA F	1000 Free	12/10/2009 MIT Invitational 2009
18:43.49 Y AA F	1650 Free	12/10/2009 MIT Invitational 2009
1:05.11 Y A P	100 Back	2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
2:18.36 Y A F	200 Back	1/16/2010 Chris Goody IMX Challenge
2:46.20 Y BB F	200 Breast	1/16/2010 Chris Goody IMX Challenge
1:02.00 Y AA P	100 Fly	3/19/2010 AD Gold Short Course Championships
2:17.10 Y AA F	200 Fly	2/12/2010 AD 2010 REGION 1 CHAMPIONSHIPS
2:20.58 Y AA P	200 IM	3/19/2010 AD Gold Short Course Championships
4:50.64 Y AA F	400 IM	1/16/2010 Chris Goody IMX Challenge