

## Adirondack Swimming

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### Individual Top Times

Times since: 01-Oct-09

Schenectady Swim Club [SCHE-AD] Coach: Jerome Adams

Show Yards Only

Time	P/F/S	Event
<b>Zachary Allen (12) M</b>		
30.85 Y	BB P	50 Free 3/19/2010 AD Gold Short Course Championships
2:25.35 Y	BB F	200 Free 3/5/2010 AD Silver Short Course Championships
6:33.82 Y	BB F	500 Free 3/5/2010 AD Silver Short Course Championships
36.60 Y	B P	50 Back 3/19/2010 AD Gold Short Course Championships
1:19.53 Y	B P	100 Back 3/19/2010 AD Gold Short Course Championships
2:50.06 Y	B F	200 Back 3/5/2010 AD Silver Short Course Championships
40.97 Y	B P	50 Breast 3/19/2010 AD Gold Short Course Championships
1:28.98 Y	B F	100 Breast 1/16/2010 Chris Goody IMX Challenge
3:19.51 Y	B F	200 Breast 3/5/2010 AD Silver Short Course Championships
35.64 Y	B F	50 Fly 3/5/2010 AD Silver Short Course Championships
1:22.42 Y	B F	100 Fly 3/5/2010 AD Silver Short Course Championships
1:18.90 Y	B F	100 IM 3/5/2010 AD Silver Short Course Championships
2:51.90 Y	B F	200 IM 1/16/2010 Chris Goody IMX Challenge
<b>Miranda Bacon (11) F</b>		
31.21 Y	BB F	50 Free 2/20/2010 Cabin Fever Invitational 2010
1:06.83 Y	BB F	100 Free 3/5/2010 AD Silver Short Course Championships
2:31.38 Y	BB F	200 Free 3/5/2010 AD Silver Short Course Championships
6:57.71 Y	B F	500 Free 1/31/2010 Thoroughbred Splash 2010
35.44 Y	BB P	50 Back 3/19/2010 AD Gold Short Course Championships
1:17.87 Y	BB F	100 Back 2/6/2010 Delmar Dolphins February Freeze Invitational
38.98 Y	BB P	50 Breast 3/19/2010 AD Gold Short Course Championships
1:23.59 Y	BB P	100 Breast 12/10/2009 MIT Invitational 2009
3:02.54 Y	BB F	200 Breast 3/19/2010 AD Gold Short Course Championships
36.22 Y	B F	50 Fly 3/5/2010 AD Silver Short Course Championships
1:30.69 Y	F	100 Fly 1/16/2010 Chris Goody IMX Challenge
1:16.12 Y	BB P	100 IM 3/19/2010 AD Gold Short Course Championships
2:45.20 Y	BB F	200 IM 2/6/2010 Delmar Dolphins February Freeze Invitational
<b>Adam Bollinger (11) M</b>		
36.63 Y	F	50 Free 3/5/2010 AD Silver Short Course Championships
1:25.94 Y	F	100 Free 3/5/2010 AD Silver Short Course Championships
3:09.48 Y	F	200 Free 2/6/2010 Delmar Dolphins February Freeze Invitational
42.84 Y	F	50 Back 2/20/2010 Cabin Fever Invitational 2010
1:31.90 Y	F	100 Back 2/6/2010 Delmar Dolphins February Freeze Invitational
48.25 Y	F	50 Breast 3/5/2010 AD Silver Short Course Championships
1:41.80 Y	F	100 Breast 3/5/2010 AD Silver Short Course Championships
50.15 Y	F	50 Fly 3/5/2010 AD Silver Short Course Championships
1:38.15 Y	F	100 IM 12/19/2009 Saratoga 12&Under Mini-Meet
3:45.73 Y	F	200 IM 1/16/2010 Chris Goody IMX Challenge
<b>Colin Brady (12) M</b>		
53.30 Y	F	50 Free 3/5/2010 AD Silver Short Course Championships
1:46.72 Y	F	100 Free 3/5/2010 AD Silver Short Course Championships
53.62 Y	F	50 Back 3/5/2010 AD Silver Short Course Championships
1:00.34 Y	F	50 Breast 2/20/2010 Cabin Fever Invitational 2010
<b>Sabrina Brook (11) F (Yr: sp)</b>		
28.12 Y	AA F	50 Free 3/19/2010 AD Gold Short Course Championships
1:02.75 Y	A P	100 Free 3/19/2010 AD Gold Short Course Championships
2:16.69 Y	A F	200 Free 3/19/2010 AD Gold Short Course Championships
6:21.68 Y	BB F	500 Free 3/5/2010 AD Silver Short Course Championships
34.16 Y	BB P	50 Back 3/19/2010 AD Gold Short Course Championships
1:15.46 Y	BB P	100 Back 3/19/2010 AD Gold Short Course Championships
2:46.12 Y	BB F	200 Back 2/6/2010 Delmar Dolphins February Freeze Invitational
43.03 Y	B F	50 Breast 10/25/2009 Trick or Treat Meet
1:34.37 Y	B F	100 Breast 3/5/2010 AD Silver Short Course Championships
31.97 Y	A P	50 Fly 3/19/2010 AD Gold Short Course Championships

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Time	P/F/S	Event
<b>Sabrina Brook (11) F (Yr: sp)</b>		
1:09.93 Y A F	100 Fly	3/19/2010 AD Gold Short Course Championships
2:40.62 Y BB F	200 Fly	3/19/2010 AD Gold Short Course Championships
1:14.21 Y BB P	100 IM	3/19/2010 AD Gold Short Course Championships
2:40.47 Y BB F	200 IM	3/5/2010 AD Silver Short Course Championships
5:59.63 Y BB F	400 IM	1/16/2010 Chris Goody IMX Challenge
<b>Peter Cannavo (12) M (Yr: s/)</b>		
33.29 Y B F	50 Free	11/21/2009 Harvest Invitational 2009
1:22.13 Y F	100 Free	11/21/2009 Harvest Invitational 2009
44.31 Y F	50 Back	11/21/2009 Harvest Invitational 2009
43.34 Y F	50 Fly	11/21/2009 Harvest Invitational 2009
<b>Allison Caron (12) F (Yr: s/)</b>		
28.86 Y L A F	50 Free	3/19/2010 AD Gold Short Course Championships
1:01.89 Y A F	100 Free	3/19/2010 AD Gold Short Course Championships
2:15.37 Y A F	200 Free	2/6/2010 Delmar Dolphins February Freeze Invitational
5:56.05 Y A F	500 Free	3/19/2010 AD Gold Short Course Championships
12:38.66 Y A F	1000 Free	12/5/2009 December2009supersplash
31.52 Y L AA F	50 Back	3/19/2010 AD Gold Short Course Championships
1:07.35 Y AA F	100 Back	3/19/2010 AD Gold Short Course Championships
2:19.96 Y AAA F	200 Back	3/19/2010 AD Gold Short Course Championships
36.35 Y A F	50 Breast	3/19/2010 AD Gold Short Course Championships
1:18.34 Y AA F	100 Breast	11/15/2009 Pilgrims Pride
2:44.89 Y AA F	200 Breast	3/19/2010 AD Gold Short Course Championships
32.85 Y BB F	50 Fly	10/25/2009 Trick or Treat Meet
1:13.24 Y BB F	100 Fly	2/6/2010 Delmar Dolphins February Freeze Invitational
1:09.79 Y AA F	100 IM	2/6/2010 Delmar Dolphins February Freeze Invitational
2:25.79 Y AA F	200 IM	3/19/2010 AD Gold Short Course Championships
5:18.71 Y AA F	400 IM	1/16/2010 Chris Goody IMX Challenge
<b>Lindsay Carr (12) F (Yr: sp)</b>		
32.90 Y B F	50 Free	3/5/2010 AD Silver Short Course Championships
1:15.32 Y F	100 Free	3/5/2010 AD Silver Short Course Championships
2:47.12 Y F	200 Free	2/20/2010 Cabin Fever Invitational 2010
39.97 Y F	50 Back	12/5/2009 December2009supersplash
1:31.51 Y F	100 Back	3/5/2010 AD Silver Short Course Championships
43.75 Y B F	50 Breast	3/5/2010 AD Silver Short Course Championships
1:36.27 Y B F	100 Breast	3/5/2010 AD Silver Short Course Championships
40.10 Y F	50 Fly	3/5/2010 AD Silver Short Course Championships
1:38.77 Y F	100 Fly	1/16/2010 Chris Goody IMX Challenge
1:27.23 Y F	100 IM	2/20/2010 Cabin Fever Invitational 2010
3:05.91 Y F	200 IM	1/16/2010 Chris Goody IMX Challenge
<b>Gabrielle Celia (12) F</b>		
31.78 Y BB F	50 Free	1/31/2010 Thoroughbred Splash 2010
1:13.93 Y F	100 Free	1/31/2010 Thoroughbred Splash 2010
2:52.79 Y F	200 Free	2/20/2010 Cabin Fever Invitational 2010
39.17 Y B F	50 Back	12/5/2009 December2009supersplash
1:25.88 Y B F	100 Back	2/6/2010 Delmar Dolphins February Freeze Invitational
37.14 Y A F	50 Breast	2/20/2010 Cabin Fever Invitational 2010
1:24.58 Y BB P	100 Breast	3/19/2010 AD Gold Short Course Championships
3:04.65 Y BB F	200 Breast	3/5/2010 AD Silver Short Course Championships
36.25 Y B F	50 Fly	12/5/2009 December2009supersplash
1:24.62 Y B F	100 IM	2/20/2010 Cabin Fever Invitational 2010
3:06.55 Y F	200 IM	2/6/2010 Delmar Dolphins February Freeze Invitational
<b>Calvin Cleworth (12) M (Yr: sp)</b>		
29.42 Y BB F	50 Free	2/6/2010 Delmar Dolphins February Freeze Invitational
1:07.04 Y BB F	100 Free	12/5/2009 December2009supersplash
2:15.81 Y A F	200 Free	3/19/2010 AD Gold Short Course Championships

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Time	P/F/S	Event			
<b>Calvin Cleworth (12) M (Yr: sp)</b>					
6:09.72 Y	BB F	500 Free	1/16/2010	Chris Goody IMX Challenge	
35.57 Y	BB F	50 Back	11/21/2009	Harvest Invitational 2009	
1:16.69 Y	BB F	100 Back	1/16/2010	Chris Goody IMX Challenge	
39.10 Y	BB P	50 Breast	3/19/2010	AD Gold Short Course Championships	
1:24.01 Y	BB F	100 Breast	11/15/2009	Pilgrims Pride	
2:53.88 Y	BB F	200 Breast	3/19/2010	AD Gold Short Course Championships	
33.23 Y	BB F	50 Fly	11/15/2009	Pilgrims Pride	
1:11.24 Y	A P	100 Fly	3/19/2010	AD Gold Short Course Championships	
2:46.09 Y	BB F	200 Fly	3/19/2010	AD Gold Short Course Championships	
1:13.16 Y	BB P	100 IM	3/19/2010	AD Gold Short Course Championships	
2:34.52 Y	A F	200 IM	3/19/2010	AD Gold Short Course Championships	
5:33.03 Y	BB F	400 IM	1/16/2010	Chris Goody IMX Challenge	
<b>Bryan Colby (11) M (Yr: sp)</b>					
33.63 Y	F	50 Free	3/5/2010	AD Silver Short Course Championships	
1:15.85 Y	F	100 Free	3/5/2010	AD Silver Short Course Championships	
2:48.27 Y	F	200 Free	3/5/2010	AD Silver Short Course Championships	
7:28.71 Y	F	500 Free	1/16/2010	Chris Goody IMX Challenge	
38.43 Y	B F	50 Back	3/5/2010	AD Silver Short Course Championships	
1:22.35 Y	B F	100 Back	3/5/2010	AD Silver Short Course Championships	
2:56.49 Y	B F	200 Back	3/5/2010	AD Silver Short Course Championships	
45.28 Y	F	50 Breast	3/5/2010	AD Silver Short Course Championships	
1:34.29 Y	B F	100 Breast	3/5/2010	AD Silver Short Course Championships	
38.76 Y	F	50 Fly	3/5/2010	AD Silver Short Course Championships	
1:24.61 Y	F	100 IM	3/5/2010	AD Silver Short Course Championships	
2:57.60 Y	B F	200 IM	3/5/2010	AD Silver Short Course Championships	
<b>Joseph Conway (12) M (Yr: s/)</b>					
31.19 Y	B F	50 Free	3/5/2010	AD Silver Short Course Championships	
1:11.12 Y	B F	100 Free	12/5/2009	December2009supersplash	
2:21.46 Y	BB P	200 Free	3/19/2010	AD Gold Short Course Championships	
6:25.18 Y	BB F	500 Free	3/5/2010	AD Silver Short Course Championships	
37.05 Y L	B F	50 Back	3/19/2010	AD Gold Short Course Championships	
1:23.05 Y	B F	100 Back	11/15/2009	Pilgrims Pride	
2:51.23 Y	B F	200 Back	2/6/2010	Delmar Dolphins February Freeze Invitational	
41.09 Y	B P	50 Breast	3/19/2010	AD Gold Short Course Championships	
1:26.85 Y	BB F	100 Breast	11/15/2009	Pilgrims Pride	
2:49.44 Y	A F	200 Breast	3/19/2010	AD Gold Short Course Championships	
34.00 Y	BB P	50 Fly	3/19/2010	AD Gold Short Course Championships	
1:12.29 Y	BB F	100 Fly	3/19/2010	AD Gold Short Course Championships	
2:35.19 Y	A F	200 Fly	3/19/2010	AD Gold Short Course Championships	
1:17.67 Y	B F	100 IM	3/5/2010	AD Silver Short Course Championships	
2:34.49 Y	A F	200 IM	3/19/2010	AD Gold Short Course Championships	
5:57.16 Y	B F	400 IM	1/16/2010	Chris Goody IMX Challenge	
<b>Clark Davis (12) M (Yr: s/)</b>					
29.97 Y	BB F	50 Free	11/15/2009	Pilgrims Pride	
1:03.41 Y L	BB F	100 Free	3/19/2010	AD Gold Short Course Championships	
2:23.44 Y	BB F	200 Free	1/8/2010	2010 Starfish Trophy Invitational	
6:10.49 Y	BB F	500 Free	1/16/2010	Chris Goody IMX Challenge	
33.11 Y	A P	50 Back	3/19/2010	AD Gold Short Course Championships	
1:14.21 Y	BB F	100 Back	1/16/2010	Chris Goody IMX Challenge	
2:33.39 Y	BB F	200 Back	3/19/2010	AD Gold Short Course Championships	
37.13 Y	A P	50 Breast	3/19/2010	AD Gold Short Course Championships	
1:20.60 Y	BB P	100 Breast	3/19/2010	AD Gold Short Course Championships	
2:55.55 Y	BB F	200 Breast	3/19/2010	AD Gold Short Course Championships	
34.31 Y	BB F	50 Fly	1/31/2010	Thoroughbred Splash 2010	
1:17.37 Y	BB F	100 Fly	2/20/2010	Cabin Fever Invitational 2010	

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Times since: 01-Oct-09  
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Time	P/F/S	Event
<b>Clark Davis (12) M (Yr: s/)</b>		
2:49.38 Y	B F	200 Fly 3/19/2010 AD Gold Short Course Championships
1:11.33 Y	A P	100 IM 3/19/2010 AD Gold Short Course Championships
2:34.39 Y	A P	200 IM 3/19/2010 AD Gold Short Course Championships
5:31.48 Y	BB F	400 IM 1/16/2010 Chris Goody IMX Challenge
<b>Terry Francois (11) M</b>		
29.04 Y	BB P	50 Free 3/19/2010 AD Gold Short Course Championships
1:04.70 Y	BB P	100 Free 3/19/2010 AD Gold Short Course Championships
2:24.78 Y	BB F	200 Free 2/6/2010 Delmar Dolphins February Freeze Invitational
6:40.41 Y	B F	500 Free 1/16/2010 Chris Goody IMX Challenge
34.36 Y	BB S	50 Back 3/19/2010 AD Gold Short Course Championships
1:16.91 Y	BB P	100 Back 3/19/2010 AD Gold Short Course Championships
2:49.74 Y	B F	200 Back 3/5/2010 AD Silver Short Course Championships
42.12 Y	B F	50 Breast 2/6/2010 Delmar Dolphins February Freeze Invitational
1:31.76 Y	B F	100 Breast 3/5/2010 AD Silver Short Course Championships
32.69 Y	BB P	50 Fly 3/19/2010 AD Gold Short Course Championships
1:13.29 Y	BB F	100 Fly 3/19/2010 AD Gold Short Course Championships
1:16.26 Y	BB F	100 IM 2/6/2010 Delmar Dolphins February Freeze Invitational
2:48.10 Y	BB F	200 IM 3/5/2010 AD Silver Short Course Championships
<b>Joseph Gaynor (11) M</b>		
33.24 Y	B F	50 Free 2/6/2010 Delmar Dolphins February Freeze Invitational
1:22.36 Y	F	100 Free 11/21/2009 Harvest Invitational 2009
3:11.22 Y	F	200 Free 10/25/2009 Trick or Treat Meet
39.54 Y	F	50 Back 1/31/2010 Thoroughbred Splash 2010
1:24.43 Y	B F	100 Back 2/6/2010 Delmar Dolphins February Freeze Invitational
48.27 Y	F	50 Breast 1/31/2010 Thoroughbred Splash 2010
1:48.16 Y	F	100 Breast 1/16/2010 Chris Goody IMX Challenge
39.36 Y	F	50 Fly 2/6/2010 Delmar Dolphins February Freeze Invitational
1:32.37 Y	F	100 IM 11/21/2009 Harvest Invitational 2009
3:13.43 Y	F	200 IM 1/16/2010 Chris Goody IMX Challenge
<b>Broderick Gould (12) M</b>		
34.24 Y	F	50 Free 1/31/2010 Thoroughbred Splash 2010
1:20.94 Y	F	100 Free 11/21/2009 Harvest Invitational 2009
2:55.90 Y	F	200 Free 2/20/2010 Cabin Fever Invitational 2010
41.21 Y	F	50 Back 12/5/2009 December2009supersplash
1:26.79 Y	F	100 Back 1/16/2010 Chris Goody IMX Challenge
41.65 Y	B P	50 Breast 3/19/2010 AD Gold Short Course Championships
1:37.14 Y	F	100 Breast 11/15/2009 Pilgrims Pride
43.89 Y	F	50 Fly 1/31/2010 Thoroughbred Splash 2010
1:28.12 Y	F	100 IM 1/8/2010 2010 Starfish Trophy Invitational
3:13.75 Y	F	200 IM 1/16/2010 Chris Goody IMX Challenge
<b>Margaret Gregory (12) F</b>		
32.00 Y	B F	50 Free 3/5/2010 AD Silver Short Course Championships
1:07.76 Y	BB F	100 Free 3/5/2010 AD Silver Short Course Championships
2:23.11 Y	BB P	200 Free 3/19/2010 AD Gold Short Course Championships
6:22.37 Y	BB F	500 Free 2/6/2010 Delmar Dolphins February Freeze Invitational
37.65 Y	L B F	50 Back 3/5/2010 AD Silver Short Course Championships
1:18.93 Y	BB P	100 Back 3/19/2010 AD Gold Short Course Championships
2:49.38 Y	B F	200 Back 3/5/2010 AD Silver Short Course Championships
43.68 Y	B F	50 Breast 3/5/2010 AD Silver Short Course Championships
1:36.61 Y	F	100 Breast 11/15/2009 Pilgrims Pride
3:30.32 Y	F	200 Breast 12/5/2009 December2009supersplash
36.37 Y	B F	50 Fly 3/5/2010 AD Silver Short Course Championships
1:24.63 Y	B F	100 Fly 3/5/2010 AD Silver Short Course Championships
1:20.31 Y	B F	100 IM 3/5/2010 AD Silver Short Course Championships
2:46.75 Y	BB F	200 IM 3/5/2010 AD Silver Short Course Championships

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Time	P/F/S	Event
<b>Margaret Gregory (12) F</b>		
6:04.24 Y B F		400 IM 1/16/2010 Chris Goody IMX Challenge
<b>Jesse Haraden (12) M (Yr: sp)</b>		
31.31 Y B P		50 Free 3/19/2010 AD Gold Short Course Championships
1:05.74 Y BB P		100 Free 3/19/2010 AD Gold Short Course Championships
2:20.38 Y BB F		200 Free 2/6/2010 Delmar Dolphins February Freeze Invitational
6:06.46 Y BB F		500 Free 3/19/2010 AD Gold Short Course Championships
35.64 Y BB P		50 Back 3/19/2010 AD Gold Short Course Championships
1:14.96 Y BB F		100 Back 1/16/2010 Chris Goody IMX Challenge
2:36.43 Y BB F		200 Back 3/19/2010 AD Gold Short Course Championships
50.16 Y F		50 Breast 12/5/2009 December2009supersplash
1:46.04 Y F		100 Breast 3/5/2010 AD Silver Short Course Championships
34.76 Y BB P		50 Fly 3/19/2010 AD Gold Short Course Championships
1:19.45 Y B F		100 Fly 1/16/2010 Chris Goody IMX Challenge
2:48.27 Y BB F		200 Fly 3/19/2010 AD Gold Short Course Championships
1:19.83 Y B F		100 IM 3/5/2010 AD Silver Short Course Championships
2:50.74 Y B F		200 IM 1/16/2010 Chris Goody IMX Challenge
<b>Emily Hermann (11) F (Yr: sp)</b>		
33.36 Y L B F		50 Free 3/5/2010 AD Silver Short Course Championships
1:20.09 Y F		100 Free 3/5/2010 AD Silver Short Course Championships
2:53.90 Y F		200 Free 2/20/2010 Cabin Fever Invitational 2010
41.01 Y F		50 Back 2/20/2010 Cabin Fever Invitational 2010
1:29.13 Y F		100 Back 3/5/2010 AD Silver Short Course Championships
48.05 Y F		50 Breast 3/5/2010 AD Silver Short Course Championships
1:46.86 Y F		100 Breast 1/16/2010 Chris Goody IMX Challenge
41.46 Y F		50 Fly 3/5/2010 AD Silver Short Course Championships
1:31.32 Y F		100 IM 3/5/2010 AD Silver Short Course Championships
3:16.56 Y F		200 IM 1/16/2010 Chris Goody IMX Challenge
<b>Noelle Kolakowski (12) F (Yr: su)</b>		
27.92 Y AA F		50 Free 3/19/2010 AD Gold Short Course Championships
1:00.47 Y AA F		100 Free 3/19/2010 AD Gold Short Course Championships
2:11.06 Y AA P		200 Free 3/19/2010 AD Gold Short Course Championships
6:11.36 Y BB F		500 Free 1/16/2010 Chris Goody IMX Challenge
32.36 Y AA F		50 Back 3/19/2010 AD Gold Short Course Championships
1:09.99 Y AA P		100 Back 3/19/2010 AD Gold Short Course Championships
2:29.61 Y A F		200 Back 3/19/2010 AD Gold Short Course Championships
38.55 Y BB F		50 Breast 1/8/2010 2010 Starfish Trophy Invitational
1:24.17 Y BB F		100 Breast 2/6/2010 Delmar Dolphins February Freeze Invitational
3:04.71 Y BB F		200 Breast 12/5/2009 December2009supersplash
31.94 Y A F		50 Fly 3/19/2010 AD Gold Short Course Championships
1:16.21 Y BB F		100 Fly 1/8/2010 2010 Starfish Trophy Invitational
1:08.92 Y AA S		100 IM 3/19/2010 AD Gold Short Course Championships
2:31.97 Y A F		200 IM 3/19/2010 AD Gold Short Course Championships
5:31.15 Y A F		400 IM 2/6/2010 Delmar Dolphins February Freeze Invitational
<b>Katherine LaPorta (12) F</b>		
32.48 Y B F		50 Free 3/5/2010 AD Silver Short Course Championships
1:16.13 Y F		100 Free 12/19/2009 Saratoga 12&Under Mini-Meet
2:50.58 Y F		200 Free 2/20/2010 Cabin Fever Invitational 2010
40.75 Y F		50 Back 3/5/2010 AD Silver Short Course Championships
1:27.41 Y B F		100 Back 3/5/2010 AD Silver Short Course Championships
40.14 Y BB P		50 Breast 3/19/2010 AD Gold Short Course Championships
1:30.38 Y B F		100 Breast 3/5/2010 AD Silver Short Course Championships
39.13 Y F		50 Fly 3/5/2010 AD Silver Short Course Championships
1:33.96 Y F		100 Fly 1/16/2010 Chris Goody IMX Challenge
1:23.58 Y B F		100 IM 3/5/2010 AD Silver Short Course Championships
3:07.75 Y F		200 IM 1/16/2010 Chris Goody IMX Challenge

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Time	P/F/S	Event
<b>Sydney LaQue (12) F (Yr: s/)</b>		
28.49 Y	A F	50 Free 3/19/2010 AD Gold Short Course Championships
1:02.30 Y	A F	100 Free 3/19/2010 AD Gold Short Course Championships
2:14.28 Y	A P	200 Free 3/19/2010 AD Gold Short Course Championships
5:52.83 Y	AA F	500 Free 3/19/2010 AD Gold Short Course Championships
35.83 Y	BB F	50 Back 3/5/2010 AD Silver Short Course Championships
1:13.47 Y	A F	100 Back 1/16/2010 Chris Goody IMX Challenge
2:34.43 Y	A F	200 Back 3/19/2010 AD Gold Short Course Championships
36.73 Y	A F	50 Breast 3/19/2010 AD Gold Short Course Championships
1:20.07 Y	A F	100 Breast 3/19/2010 AD Gold Short Course Championships
2:50.56 Y	A F	200 Breast 3/19/2010 AD Gold Short Course Championships
36.42 Y	B F	50 Fly 2/6/2010 Delmar Dolphins February Freeze Invitational
1:21.39 Y	B F	100 Fly 1/16/2010 Chris Goody IMX Challenge
3:04.02 Y	B F	200 Fly 3/5/2010 AD Silver Short Course Championships
1:13.36 Y	A F	100 IM 2/6/2010 Delmar Dolphins February Freeze Invitational
2:31.01 Y	A F	200 IM 3/19/2010 AD Gold Short Course Championships
5:28.91 Y	A F	400 IM 1/16/2010 Chris Goody IMX Challenge
<b>Caitlyn Larrabee (11) F</b>		
34.05 Y	B F	50 Free 3/5/2010 AD Silver Short Course Championships
1:19.35 Y	F	100 Free 3/5/2010 AD Silver Short Course Championships
42.52 Y	F	50 Back 3/5/2010 AD Silver Short Course Championships
1:34.13 Y	F	100 Back 3/5/2010 AD Silver Short Course Championships
49.45 Y	F	50 Breast 3/5/2010 AD Silver Short Course Championships
1:46.13 Y	F	100 Breast 3/5/2010 AD Silver Short Course Championships
44.06 Y	F	50 Fly 3/5/2010 AD Silver Short Course Championships
1:46.03 Y	F	100 Fly 1/16/2010 Chris Goody IMX Challenge
1:29.62 Y	F	100 IM 3/5/2010 AD Silver Short Course Championships
3:26.28 Y	F	200 IM 1/16/2010 Chris Goody IMX Challenge
<b>Madison Lawrence (11) F</b>		
52.57 Y	F	50 Free 3/5/2010 AD Silver Short Course Championships
2:02.03 Y	F	100 Free 3/5/2010 AD Silver Short Course Championships
1:10.21 Y	F	50 Back 1/31/2010 Thoroughbred Splash 2010
1:03.85 Y	F	50 Breast 2/20/2010 Cabin Fever Invitational 2010
<b>Erin Leva (12) F</b>		
29.20 Y	A F	50 Free 1/31/2010 Thoroughbred Splash 2010
1:03.65 Y	BB F	100 Free 12/5/2009 December2009supersplash
2:22.26 Y	BB P	200 Free 3/19/2010 AD Gold Short Course Championships
6:28.94 Y	BB F	500 Free 1/16/2010 Chris Goody IMX Challenge
34.85 Y	BB F	50 Back 2/20/2010 Cabin Fever Invitational 2010
1:14.86 Y	BB P	100 Back 3/19/2010 AD Gold Short Course Championships
2:37.03 Y	BB F	200 Back 3/19/2010 AD Gold Short Course Championships
38.89 Y	BB F	50 Breast 1/31/2010 Thoroughbred Splash 2010
1:22.49 Y	BB F	100 Breast 3/19/2010 AD Gold Short Course Championships
3:02.48 Y	BB F	200 Breast 12/5/2009 December2009supersplash
33.17 Y	BB F	50 Fly 2/20/2010 Cabin Fever Invitational 2010
1:16.61 Y	BB P	100 Fly 3/19/2010 AD Gold Short Course Championships
1:12.65 Y	A P	100 IM 3/19/2010 AD Gold Short Course Championships
2:36.58 Y	A P	200 IM 3/19/2010 AD Gold Short Course Championships
5:43.37 Y	BB F	400 IM 1/16/2010 Chris Goody IMX Challenge
<b>Madison Livingston (12) F</b>		
29.37 Y	A P	50 Free 3/19/2010 AD Gold Short Course Championships
1:06.38 Y	BB F	100 Free 12/5/2009 December2009supersplash
2:22.80 Y	BB F	200 Free 3/5/2010 AD Silver Short Course Championships
6:38.44 Y	BB F	500 Free 3/5/2010 AD Silver Short Course Championships
36.12 Y	BB F	50 Back 3/5/2010 AD Silver Short Course Championships
1:19.07 Y	BB F	100 Back 11/15/2009 Pilgrims Pride

## Adirondack Swimming

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### Individual Top Times

Times since: 01-Oct-09

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Time	P/F/S	Event				
<b>Madison Livingston (12) F</b>						
2:42.90	Y BB F	200 Back	3/5/2010	AD Silver Short Course Championships		
37.88	Y BB P	50 Breast	3/19/2010	AD Gold Short Course Championships		
1:22.03	Y A F	100 Breast	3/19/2010	AD Gold Short Course Championships		
2:53.46	Y A F	200 Breast	3/19/2010	AD Gold Short Course Championships		
32.02	Y A F	50 Fly	3/19/2010	AD Gold Short Course Championships		
1:10.24	Y A P	100 Fly	3/19/2010	AD Gold Short Course Championships		
2:42.13	Y BB F	200 Fly	3/5/2010	AD Silver Short Course Championships		
1:13.52	Y A P	100 IM	3/19/2010	AD Gold Short Course Championships		
2:42.58	Y BB F	200 IM	1/16/2010	Chris Goody IMX Challenge		
<b>Christopher Ludeke (12) M (Yr: su)</b>						
28.64	Y BB F	50 Free	2/6/2010	Delmar Dolphins February Freeze Invitational		
1:03.71	Y BB F	100 Free	3/19/2010	AD Gold Short Course Championships		
2:11.84	Y A P	200 Free	3/19/2010	AD Gold Short Course Championships		
5:42.80	Y AA F	500 Free	3/19/2010	AD Gold Short Course Championships		
34.58	Y BB F	50 Back	1/8/2010	2010 Starfish Trophy Invitational		
1:12.75	Y BB F	100 Back	2/6/2010	Delmar Dolphins February Freeze Invitational		
2:31.80	Y A F	200 Back	3/19/2010	AD Gold Short Course Championships		
36.99	Y A F	50 Breast	12/10/2009	MIT Invitational 2009		
1:21.38	Y BB F	100 Breast	2/6/2010	Delmar Dolphins February Freeze Invitational		
2:53.59	Y BB F	200 Breast	3/19/2010	AD Gold Short Course Championships		
34.02	Y BB F	50 Fly	1/31/2010	Thoroughbred Splash 2010		
1:14.17	Y BB F	100 Fly	1/16/2010	Chris Goody IMX Challenge		
1:10.89	Y A P	100 IM	3/19/2010	AD Gold Short Course Championships		
2:33.35	Y A F	200 IM	1/16/2010	Chris Goody IMX Challenge		
2:33.35	Y A F	200 IM	3/19/2010	AD Gold Short Course Championships		
5:27.62	Y A F	400 IM	1/16/2010	Chris Goody IMX Challenge		
<b>Brendyn Lupe (12) M</b>						
36.63	Y F	50 Free	3/5/2010	AD Silver Short Course Championships		
1:23.13	Y F	100 Free	3/5/2010	AD Silver Short Course Championships		
42.88	Y F	50 Back	3/5/2010	AD Silver Short Course Championships		
1:31.00	Y F	100 Back	3/5/2010	AD Silver Short Course Championships		
48.56	Y F	50 Fly	3/5/2010	AD Silver Short Course Championships		
<b>Conan Madigan (11) M</b>						
44.25	Y F	50 Free	3/5/2010	AD Silver Short Course Championships		
1:45.44	Y F	100 Free	3/5/2010	AD Silver Short Course Championships		
55.04	Y F	50 Back	3/5/2010	AD Silver Short Course Championships		
1:56.22	Y F	100 Back	3/5/2010	AD Silver Short Course Championships		
54.10	Y F	50 Breast	12/19/2009	Saratoga 12&Under Mini-Meet		
2:04.97	Y F	100 Breast	3/5/2010	AD Silver Short Course Championships		
1:09.01	Y F	50 Fly	2/6/2010	Delmar Dolphins February Freeze Invitational		
1:59.19	Y F	100 IM	3/5/2010	AD Silver Short Course Championships		
<b>Jace McClements (12) M</b>						
37.03	Y F	50 Free	3/5/2010	AD Silver Short Course Championships		
1:27.88	Y F	100 Free	3/5/2010	AD Silver Short Course Championships		
46.52	Y F	50 Back	2/20/2010	Cabin Fever Invitational 2010		
1:45.62	Y F	100 Back	2/6/2010	Delmar Dolphins February Freeze Invitational		
41.75	Y F	50 Fly	3/5/2010	AD Silver Short Course Championships		
<b>Mazeyar Moeini Feizabadi (11) M (Yr: sp)</b>						
36.85	Y F	50 Free	3/5/2010	AD Silver Short Course Championships		
1:27.90	Y F	100 Free	3/5/2010	AD Silver Short Course Championships		
45.68	Y F	50 Back	3/5/2010	AD Silver Short Course Championships		
1:43.31	Y F	100 Back	3/5/2010	AD Silver Short Course Championships		
47.76	Y F	50 Fly	3/5/2010	AD Silver Short Course Championships		
<b>Yasamin Moeini (11) F (Yr: sp)</b>						

## Adirondack Swimming

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Time	P/F/S	Event			
<b>Yasamin Moeini (11) F (Yr: sp)</b>					
38.93 Y	F	50 Free	3/5/2010	AD Silver Short Course Championships	
1:33.51 Y	F	100 Free	3/5/2010	AD Silver Short Course Championships	
43.90 Y	F	50 Back	1/31/2010	Thoroughbred Splash 2010	
1:37.61 Y	F	100 Back	3/5/2010	AD Silver Short Course Championships	
54.67 Y	F	50 Breast	3/5/2010	AD Silver Short Course Championships	
44.46 Y	F	50 Fly	1/31/2010	Thoroughbred Splash 2010	
<b>Stephanie Morgan (12) F (Yr: s/)</b>					
30.19 Y	BB F	50 Free	1/8/2010	2010 Starfish Trophy Invitational	
1:04.48 Y	BB P	100 Free	3/19/2010	AD Gold Short Course Championships	
2:21.34 Y	BB P	200 Free	3/19/2010	AD Gold Short Course Championships	
6:16.36 Y	BB F	500 Free	1/16/2010	Chris Goody IMX Challenge	
34.07 Y	BB P	50 Back	3/19/2010	AD Gold Short Course Championships	
1:14.96 Y	BB P	100 Back	3/19/2010	AD Gold Short Course Championships	
2:39.06 Y	BB F	200 Back	3/19/2010	AD Gold Short Course Championships	
42.28 Y	B F	50 Breast	3/5/2010	AD Silver Short Course Championships	
1:33.36 Y	B F	100 Breast	1/16/2010	Chris Goody IMX Challenge	
3:18.67 Y	B F	200 Breast	3/5/2010	AD Silver Short Course Championships	
34.43 Y	BB P	50 Fly	3/19/2010	AD Gold Short Course Championships	
1:20.54 Y	B F	100 Fly	3/5/2010	AD Silver Short Course Championships	
1:16.36 Y	BB F	100 IM	3/5/2010	AD Silver Short Course Championships	
2:45.45 Y	BB F	200 IM	1/16/2010	Chris Goody IMX Challenge	
5:55.17 Y	BB F	400 IM	1/16/2010	Chris Goody IMX Challenge	
<b>Brian Noeker (11) M (Yr: su)</b>					
35.81 Y	F	50 Free	11/21/2009	Harvest Invitational 2009	
1:19.95 Y	F	100 Free	3/5/2010	AD Silver Short Course Championships	
3:00.50 Y	F	200 Free	3/5/2010	AD Silver Short Course Championships	
41.33 Y	F	50 Back	12/5/2009	December2009supersplash	
1:28.12 Y	F	100 Back	3/5/2010	AD Silver Short Course Championships	
47.39 Y	F	50 Breast	11/21/2009	Harvest Invitational 2009	
1:46.65 Y	F	100 Breast	3/5/2010	AD Silver Short Course Championships	
43.00 Y	F	50 Fly	11/21/2009	Harvest Invitational 2009	
1:31.15 Y	F	100 IM	10/25/2009	Trick or Treat Meet	
3:11.28 Y	F	200 IM	3/5/2010	AD Silver Short Course Championships	
<b>Daviana Seguire (12) F</b>					
35.31 Y	F	50 Free	3/5/2010	AD Silver Short Course Championships	
1:22.70 Y	F	100 Free	12/19/2009	Saratoga 12&Under Mini-Meet	
40.15 Y	F	50 Back	11/21/2009	Harvest Invitational 2009	
46.01 Y	F	50 Breast	12/19/2009	Saratoga 12&Under Mini-Meet	
1:38.13 Y	F	100 Breast	3/5/2010	AD Silver Short Course Championships	
44.25 Y	F	50 Fly	12/5/2009	December2009supersplash	
1:30.39 Y	F	100 IM	2/20/2010	Cabin Fever Invitational 2010	
<b>Nicholas Sinnenberg (11) M (Yr: s/)</b>					
35.40 Y	F	50 Free	3/5/2010	AD Silver Short Course Championships	
1:19.35 Y	F	100 Free	11/21/2009	Harvest Invitational 2009	
2:42.05 Y	F	200 Free	3/5/2010	AD Silver Short Course Championships	
7:15.44 Y	F	500 Free	1/16/2010	Chris Goody IMX Challenge	
40.97 Y	F	50 Back	3/5/2010	AD Silver Short Course Championships	
1:22.45 Y	B F	100 Back	3/5/2010	AD Silver Short Course Championships	
2:56.64 Y	B F	200 Back	3/5/2010	AD Silver Short Course Championships	
49.10 Y	F	50 Breast	2/20/2010	Cabin Fever Invitational 2010	
1:47.46 Y	F	100 Breast	1/16/2010	Chris Goody IMX Challenge	
38.30 Y	F	50 Fly	3/5/2010	AD Silver Short Course Championships	
1:27.56 Y	F	100 Fly	3/5/2010	AD Silver Short Course Championships	
3:08.48 Y	F	200 Fly	3/5/2010	AD Silver Short Course Championships	
1:26.03 Y	F	100 IM	3/5/2010	AD Silver Short Course Championships	

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Time	P/F/S	Event
<b>Nicholas Sinnenberg (11) M (Yr: s/)</b>		
3:00.26 Y B F	200 IM	3/5/2010 AD Silver Short Course Championships
6:24.87 Y F	400 IM	1/16/2010 Chris Goody IMX Challenge
<b>Shea Sullivan (11) F (Yr: s/)</b>		
29.37 Y A P	50 Free	3/19/2010 AD Gold Short Course Championships
1:10.27 Y B F	100 Free	3/5/2010 AD Silver Short Course Championships
2:39.42 Y B F	200 Free	3/5/2010 AD Silver Short Course Championships
7:18.51 Y F	500 Free	1/31/2010 Thoroughbred Splash 2010
34.78 Y BB P	50 Back	3/19/2010 AD Gold Short Course Championships
1:16.13 Y BB P	100 Back	3/19/2010 AD Gold Short Course Championships
3:03.50 Y F	200 Back	1/16/2010 Chris Goody IMX Challenge
41.65 Y B F	50 Breast	3/5/2010 AD Silver Short Course Championships
1:31.13 Y B F	100 Breast	3/5/2010 AD Silver Short Course Championships
35.30 Y B F	50 Fly	2/6/2010 Delmar Dolphins February Freeze Invitational
1:24.05 Y B F	100 Fly	3/5/2010 AD Silver Short Course Championships
1:19.53 Y BB F	100 IM	3/5/2010 AD Silver Short Course Championships
2:53.99 Y B F	200 IM	3/5/2010 AD Silver Short Course Championships
<b>Lauren Towne (12) F (Yr: s/)</b>		
33.57 Y B F	50 Free	3/5/2010 AD Silver Short Course Championships
1:22.30 Y F	100 Free	12/19/2009 Saratoga 12&Under Mini-Meet
2:52.74 Y F	200 Free	2/20/2010 Cabin Fever Invitational 2010
42.40 Y F	50 Back	1/31/2010 Thoroughbred Splash 2010
1:31.77 Y F	100 Back	3/5/2010 AD Silver Short Course Championships
44.20 Y F	50 Breast	1/31/2010 Thoroughbred Splash 2010
1:34.03 Y B F	100 Breast	3/5/2010 AD Silver Short Course Championships
38.98 Y F	50 Fly	12/5/2009 December2009supersplash
1:27.48 Y F	100 IM	11/21/2009 Harvest Invitational 2009
3:08.96 Y F	200 IM	2/6/2010 Delmar Dolphins February Freeze Invitational
<b>Paris Walkowiak (12) F</b>		
29.46 Y A P	50 Free	3/19/2010 AD Gold Short Course Championships
1:05.42 Y BB P	100 Free	3/19/2010 AD Gold Short Course Championships
1:05.42 Y BB F	100 Free	1/8/2010 2010 Starfish Trophy Invitational
2:25.68 Y BB F	200 Free	2/6/2010 Delmar Dolphins February Freeze Invitational
6:23.10 Y BB F	500 Free	1/16/2010 Chris Goody IMX Challenge
33.31 Y A P	50 Back	3/19/2010 AD Gold Short Course Championships
1:13.64 Y A P	100 Back	12/10/2009 MIT Invitational 2009
2:38.06 Y BB F	200 Back	3/19/2010 AD Gold Short Course Championships
42.98 Y B F	50 Breast	1/31/2010 Thoroughbred Splash 2010
1:31.58 Y B F	100 Breast	1/16/2010 Chris Goody IMX Challenge
30.69 Y AA F	50 Fly	3/19/2010 AD Gold Short Course Championships
1:10.65 Y A P	100 Fly	3/19/2010 AD Gold Short Course Championships
2:48.39 Y BB F	200 Fly	1/16/2010 Chris Goody IMX Challenge
1:15.48 Y BB P	100 IM	3/19/2010 AD Gold Short Course Championships
2:41.54 Y BB F	200 IM	1/16/2010 Chris Goody IMX Challenge
<b>Shawna Weaver (12) F</b>		
28.50 Y A F	50 Free	3/19/2010 AD Gold Short Course Championships
1:02.66 Y A P	100 Free	3/19/2010 AD Gold Short Course Championships
2:18.68 Y A F	200 Free	2/6/2010 Delmar Dolphins February Freeze Invitational
6:25.65 Y BB F	500 Free	1/16/2010 Chris Goody IMX Challenge
33.58 Y A F	50 Back	2/20/2010 Cabin Fever Invitational 2010
1:12.78 Y A F	100 Back	3/19/2010 AD Gold Short Course Championships
2:40.67 Y BB F	200 Back	2/6/2010 Delmar Dolphins February Freeze Invitational
39.69 Y BB F	50 Breast	12/5/2009 December2009supersplash
1:24.20 Y BB F	100 Breast	11/15/2009 Pilgrims Pride
3:05.41 Y BB F	200 Breast	12/5/2009 December2009supersplash
31.91 Y A F	50 Fly	3/19/2010 AD Gold Short Course Championships

## Adirondack Swimming

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Time	P/F/S	Event
<b>Shawna Weaver (12) F</b>		
1:10.07 Y	A F	100 Fly 3/19/2010 AD Gold Short Course Championships
1:13.34 Y	A P	100 IM 3/19/2010 AD Gold Short Course Championships
2:34.02 Y	A P	200 IM 3/19/2010 AD Gold Short Course Championships
5:40.99 Y	BB F	400 IM 1/16/2010 Chris Goody IMX Challenge
<b>Luke Wurl (12) M</b>		
35.27 Y	F	50 Free 3/5/2010 AD Silver Short Course Championships
1:25.51 Y	F	100 Free 3/5/2010 AD Silver Short Course Championships
3:12.74 Y	F	200 Free 3/5/2010 AD Silver Short Course Championships
41.73 Y	F	50 Back 3/5/2010 AD Silver Short Course Championships
1:35.16 Y	F	100 Back 3/5/2010 AD Silver Short Course Championships
46.81 Y	F	50 Breast 3/5/2010 AD Silver Short Course Championships
1:49.63 Y	F	100 Breast 3/5/2010 AD Silver Short Course Championships
39.98 Y	F	50 Fly 3/5/2010 AD Silver Short Course Championships
1:50.53 Y	F	100 Fly 1/16/2010 Chris Goody IMX Challenge
1:33.04 Y	F	100 IM 3/5/2010 AD Silver Short Course Championships
3:32.36 Y	F	200 IM 1/16/2010 Chris Goody IMX Challenge